

ENDORSEMENTS and TESTIMONIALS



"In *The Real Me*, Sandra offers a powerful quick-read and useful combination textbook/workbook to reach higher levels of self-esteem and spiritual empowerment. Using effectively outlined exercises and the unique "Awakening Process," she guides readers to make the connections necessary for purpose in their daily lives. *The Real Me* is a worthwhile compilation with an abundance of positive affirmations designed to empower the reader and get results."

Linda A. Badamo, Michigan TV Producer

"Sandra Agazzi Chimenti has a beautiful way to connect with my listeners. Her heart-centered communication is a wonderful way to help people 'Wake Up' to feeling joy in their lives."

Kimmie Rose Zapf, Host of CBS Radio's "InnerViews With Kimmie Rose Zapf" and Author of Wake Up Your Intuition

"Most people who own *The Real Me* have no idea what they have in their possession. Sandra's book opens the door to a whole new world of higher consciousness. I have read lots of books and attended seminars, but no one explains the information in everyday terms or gives actual instructions on how to benefit from the "Awakening Process" like Sandra does. Sandra's writing session was one of the best of the day. I really appreciated how she helped us focus on something bigger than just writing. She said we have a gift that can help us to heal others. That was a paradigm shift for me. I was also impressed with Sandra. She is a very dynamic speaker! I appreciate her book and I am glad to have her as a coaching resource."

*Chris Lee, 2008 and 2009
Rochester Writers' Conference Attendee*

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Sandra at Rochester Hills Borders December 12, 2009

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Empower Your Life! Live Your Dreams!



Sandra Agazzi Chimenti, M.Ed.

*Empowerment Presenter,
Musician, and Author of*

**The Real Me:
Awakening Your True Self**

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Sandra Agazzi Chimenti, M.Ed.

Author of

The Real Me: Awakening Your True Self



To achieve true success and happiness, you must first feel your present emotions and allow these feelings to move through you. As you discover the theme of your emotions, a new level of healing begins. This "Awakening Process" teaches you to respond versus react to your world. As you improve your life, the most important relationship you heal is the one with yourself.

Featuring the "Seven Aspects of Spiritual Awakening," *The Real Me* guides you to create healthy beliefs and positive self-talk about your true self in the form of positive affirmations. Being open to life's experiences frees you to live more consciously as you achieve true success, happiness, and return to the inner peace within your real self. This inspirational book truly empowers your life as you live your dreams!



Sandra Agazzi Chimenti, M.Ed., is an author, musician, empowerment presenter, parent, and educator with a master's degree in Early Childhood Education. She is the host of the new cable show "Discover Your Power to Succeed!"

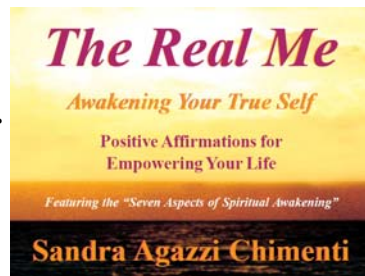
In her book, *The Real Me*, Sandra shares many of her inspirational thoughts and experiences with those who are also on their spiritual path of renewed health and healing.

Sandra shares her original piano music compositions at her spiritual-empowerment presentations. Through her empowering books and music, she inspires you to live your truth, love your life, and embrace each new day with positive affirmations like, "I now honor the *real me*." ♥

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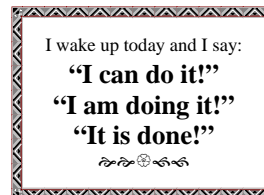
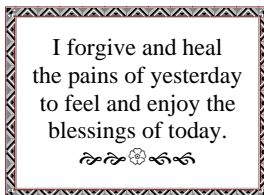
REAL RESULTS!

REAL SUCCESS!

Did you know that your thoughts create your reality? Positive or negative, what you believe is what you see. Yet, to create happiness and success, you must first process any negative emotions. By allowing your feelings to move through you, you clear a path to your happiness, opening to a new level of awareness and understanding. As you create inner peace, welcoming positive thoughts becomes easier. Discover how this unique approach guides you to achieve your dreams, improve your relationships, and empower your life.

The Real Me is an invitation to awaken to your true self — LOVE. Featuring the "Seven Aspects of Spiritual Awakening," *The Real Me* is filled with positive affirmations, prayer meditations, writing exercises, resources, spiritually empowering ceremonies, and more. Let *The Real Me* guide you in creating the life you truly deserve to give your *real self*.

Sample Book Pages



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