

# Rochester Community Program Guide

## Table of Contents

<b>Rochester Community Schools Enrichment:</b>	<b>Page</b>
<b>Enrichment Registration - Youth &amp; Adult</b> . . . . .	<b>4</b>
<b>Fitness &amp; Health.</b> . . . . .	<b>.6</b>
<b>Arts &amp; Crafts</b> . . . . .	<b>.8</b>
<b>Computers</b> . . . . .	<b>.10</b>
<b>Dance</b> . . . . .	<b>14</b>
<b>Languages</b> . . . . .	<b>15</b>
<b>Finance - Investments - Family Matters.</b> . . . . .	<b>16</b>
<b>Home &amp; Garden.</b> . . . . .	<b>18</b>
<b>Leisure &amp; Fun.</b> . . . . .	<b>.20</b>
<b>Music - Adult &amp; Youth.</b> . . . . .	<b>.25</b>
<b>Gymnastics - Youth.</b> . . . . .	<b>27</b>
<b>Youth Activities</b> . . . . .	<b>28</b>
<b>ACT Preparation/Michigan Merit Exam Prep</b> . . . . .	<b>31</b>
<b>Driver's Education.</b> . . . . .	<b>32</b>
<b>Adult Aquatics-Lifeguard/WSI/Aqua Aerobics</b> . . . . .	<b>34</b>
<b>Youth Swim Lessons.</b> . . . . .	<b>36</b>
<b>Youth Swim Registration.</b> . . . . .	<b>42</b>
<b>Early Childhood &amp; Pre-K.</b> . . . . .	<b>44-45</b>
<b>High School Completion ~ GED ~ ESL.</b> . . . . .	<b>.46-47</b>
<b>Dinosaur Hill.</b> . . . . .	<b>.48-53</b>
<b>Paint Creek Center for the Arts.</b> . . . . .	<b>.54-55</b>
<b>Rochester Community House.</b> . . . . .	<b>.56-63</b>
<b>Kindergarten Roundup Information</b> . . . . .	<b>.30</b>
<b>Hometown Hustle 5K Fun Run - RCS Foundation.</b> . . . . .	<b>.32</b>
<b>Community Map.</b> . . . . .	<b>33</b>

## **R** ROCHESTER COMMUNITY SCHOOLS

### Board of Education

Barbara Cenko  
Tim Greimel  
Michael Reno  
Anna Reseigh  
Michelle Shepherd  
Marty Sibert  
Beth Talbert

### Administration

David Pruneau . . . . . Superintendent  
William Mull . . . . . Asst. Supt., Business  
Geraldine Moore . . . . . Asst. Supt. Curriculum  
Lori Ekelmann . . . . . Dir. of Human Resources  
Debbi Hartman . . . . . Mgr. of Comm. Relations

Rochester Community Schools, pursuant to the requirements of Titles IV and VII of the Civil Rights Act of 1964, and Title IX of the Education Amendment of 1972, and Section 504 of the Rehabilitation Act of 1973, does not discriminate against applicants, employees, or students on the basis of race, color, religion, sex, handicap, national origin, initial employment policies and/or education programs or activities.

### Guidelines for Classes with Potential Commercial Content

- Within the school property boundary, the institution should not sell a product or services from which the institution can financially benefit; however, products or services may be recommended if the instructor is not affiliated with the product.
- The cost of classroom supplies sold on site by the instructor should not exceed local retail value.
- Literature, including flyers and business cards, may be made available to participants before or after class time only upon the request of the participant.
- Rochester Community Services and its administration are not responsible for any activities that take place outside of the class between the teacher and participants.

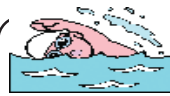
### Americans with Disabilities Act

Rochester Community Services will comply with the spirit and intent of the Americans with Disabilities Act. We will provide and make reasonable accommodations to assist people with disabilities to access and participate in our programs, facilities and services.

# Enrichment Department

## General Information

Rochester Community Schools  
Enrichment Department  
501 W. University Dr.  
Rochester, MI 48307  
248-726-3165



*Children's Swim  
Registration  
Information - Page 42*

Teen/Adult Swim Registration  
begins immediately.

### ENRICHMENT INFORMATION

- Brochures are mailed three times annually to Rochester Community School district residents. Residents who do not receive a brochure should notify the post office.

- Enrollees are accepted on a first-come, first-serve basis. Adult classes are open to persons age 16 and older, unless otherwise indicated.

- Classes are funded by your fees. Classes that do not meet established minimums will have to be cancelled. **Please Register Early to avoid cancelled classes!** Full refunds will be given for classes cancelled by Rochester Community Schools Enrichment. Classes will usually be cancelled the day before a program starts.

- Rochester Community Schools and its administration are not responsible for any activities that take place outside of the class between the teacher and participants.

### CANCELLATIONS / POSTPONEMENT

If Rochester Community Schools are closed due to weather or other emergency conditions, the Enrichment classes are also cancelled. Whenever possible, cancelled classes will be made up, no refunds will be given if a make-up date is available. **If swim lessons are cancelled and can not be made up, open swim passes will be issued.** Students in the Rochester School District have priority in the use of school buildings for school functions. On occasion, classes might be relocated or suspended for a night because of building activities; we will give advance notice when possible.

### CONFIRMATION

When you register for RCS Enrichment classes, you won't hear from us unless:

- 1) There is a change in class time or day;
- 2) The class is full; or,
- 3) You send a self-addressed stamped envelope.

**Scholarships for all Youth classes are available! Ask our office staff!**



### REFUNDS

Except for swim lessons, full refunds will be given if a class is cancelled by Rochester Community Schools Enrichment Department. **Registrations for 1-3 day classes made less than one week before, or if made after the start of any class, are NOT eligible for refunds!** A \$5 processing fee will be withheld for each refund and/or transfer requested.

**Camps, Private or Semi-Private Swim Lessons, Lifeguard or WSI:** No refunds or transfers will be given for camps or Lifeguard/WSI class if you cancel less than 1 week before it begins!! **No refunds or transfers are given for Semi-Private or Private Swim lessons if you cancel.**

### Class Refunds:

- 1-3 day classes: **One week notice** required for full refund **minus \$5 processing fee.** No transfer of fees to different classes allowed.

- 4 or more day classes: Prorated refunds **minus \$5 processing fee** will be issued **only before the second class meeting regardless of attendance.** Refunds will **not be granted after the beginning of second class.**

### MATERIAL FEES

All material fees listed in class descriptions are paid to the instructor at the first class. Before purchasing supplies, check with the office to be sure your class will be meeting.

### SENIOR ADULTS

Senior adults (60 and over) are eligible for a 20% discount on some computer & language classes, and other classes where indicated. Only one discount per class.

### RETURNED CHECKS

A \$25 fee will be assessed for all returned checks. Your check will no longer be accepted; pay by Mastercard/VISA or cash.

**Please register early!!  
Don't let your class be cancelled due to low enrollment!**

**Enrichment (248) 726-3165**

# Registration

## Three Easy Ways to Register



**MAIL-IN**  
Begins NOW  
(Except for Children's Swim,  
See Page 42)

Complete the registration form (maybe duplicated). Send it with your check, money order or Visa/Mastercard information to:  
**Rochester Community Schools  
Enrichment Department  
501 W. University Dr.  
Rochester, MI 48307**



**PHONE-IN** Begins NOW  
(Except for Children's  
Swim, See page 42)

Use your Visa/Mastercard to register by phone from 8:30 am-4:30 pm. Just call us at (248) 726-3165.



**WALK-IN**  
Begins NOW  
(Except for Children's  
Swim, See page 42)

Register in person at the Enrichment Office located in the Administration Center, 501 W. University Dr., from 8:30 am-4:30 pm.  
**All cash payments must be in exact amount.**

See Page 42 for Children's Swim Registration - Teen/Adult Swim Registration use this form.

**Registrations made after the start of a class are NOT eligible for refunds!**

### ROCHESTER COMMUNITY SCHOOLS ENRICHMENT REGISTRATION FORM

Child Name \_\_\_\_\_ Parent Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Alt. Phone \_\_\_\_\_

Visa/MasterCard No. \_\_\_\_\_ 3 Digit Security # \_\_\_\_\_

Name on Card \_\_\_\_\_ Exp. Date \_\_\_\_\_

Signature \_\_\_\_\_ Check # \_\_\_\_\_

Course Name	Course Number	Time	Date	Amount



**VISA & MASTER  
CARD ACCEPTED**

Need confirmation?  
Include  
a self-addressed  
stamped envelope  
**All Cash Payments  
Must be for  
Exact Amount**

**Make Check Payable to: Rochester Community Schools & Mail to: Rochester Community Schools, Enrichment Department, 501 W. University, Rochester MI 48307**

### ROCHESTER COMMUNITY SCHOOLS ENRICHMENT REGISTRATION FORM

Child Name \_\_\_\_\_ Parent Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Alt. Phone \_\_\_\_\_

Visa/MasterCard No. \_\_\_\_\_ 3 Digit Security # \_\_\_\_\_

Name on Card \_\_\_\_\_ Exp. Date \_\_\_\_\_

Signature \_\_\_\_\_ Check # \_\_\_\_\_

Course Name	Course Number	Time	Date	Amount



**VISA & MASTER  
CARD ACCEPTED**

Need confirmation?  
Include  
a self-addressed  
stamped envelope  
**All Cash Payments  
Must be for  
Exact Amount**

**Make Check Payable to: Rochester Community Schools & Mail to: Rochester Community Schools, Enrichment Department, 501 W. University, Rochester MI 48307**

To view our **Winter/Spring 2008 classes** on-line: [www.rochester.k12.mi.us](http://www.rochester.k12.mi.us) then click on "Enrichment" under the "Parents & Community" menu

To sign up for **Mail-Out messages** on-line: [www.rochester.k12.mi.us](http://www.rochester.k12.mi.us) then click on "Mail-Out" at the top of the page.

For detailed directions see the bottom of page 11

# Enrichment

## Fitness & Sports

Registration & Policies - Page 4  
See our Scholarship Information!!



*Tracy Flynn has studied several styles of yoga for over 18 years. She has advanced teacher training certification.*

Community Services' commitment to your safety requires that if you have high blood pressure, diabetes, hypoglycemia, heart problems, or if you are 30 lbs. overweight, check with your doctor before undertaking any exercise program. Instructors are not trained for medical emergencies.

### ADULT TENNIS BEGINNER

This class is for students who have never played tennis, or have played very little with no instruction. The instructor will stress the fundamentals of the game including ground-strokes, volleys, serves, overhead smashes, scoring and rules. Held at Lifetime Fitness, 200 W. Avon Rd. Sorry, no make-ups.

1431-01 Sun 1/6 7:00-8:00 pm 8 wks. \$156  
1431-02 Tue 1/8 12:00-1:00 pm 8 wks. \$156  
1431-03 Sun 3/2 7:00-8:00 pm 8 wks. \$156  
1431-04 Tue 3/4 12:00-1:00 pm 8 wks. \$156

No Class 3/22-3/30



### ADULT TENNIS ADV. BEGINNER

Students must understand the scoring and rules of tennis & have had some instruction or considerable playing time. Fundamentals stressed in early weeks & singles & doubles tactics in the later weeks. Held at Lifetime Fitness, 200 W. Avon. Sorry, no make-ups.

1432-01 Sun 1/6 6:00-7:00 pm 8 wks. \$156  
1432-02 Tue 1/8 1:00-2:00 pm 8 wks. \$156  
1432-03 Sun 3/2 6:00-7:00 pm 8 wks. \$156  
1432-04 Tue 3/4 1:00-2:00 pm 8 wks. \$156

No Class 3/22-3/30

### ROCHESTER TABLE TENNIS CLUB

Come to **Rochester's Table Tennis Club** to learn the sport and practice as highlighted in the spring 2006 article in the Rochester Observer & Eccentric Newspaper. Training and matches for all ages and ability levels. Challenge format; bring your own paddle & ball. Enjoy an evening of exercise, fun and competition. We have new Donic tables to play on!

T/Th 1/3-6/12 6:30-10:00 pm  
Hart M.S. Cafeteria - McLonis

\$4 per night per person

No class 1/15, 2/19, 3/6, 3/25, 3/27, 4/15, 4/17, 5/13, 5/15, 5/20, 5/22, 5/29



### YOGA - AGES 16+

Yoga is an ancient art & science that can help you feel better by stretching & strengthening your body, easing the stresses of the mind, and restoring your energy. It is noncompetitive & for people of all abilities. Beginning and experienced students welcome. Bring a blanket, mat & be prepared to work in bare feet. (Under 16 years old needs instructor permission)

West M.S. Room 214 - Flynn

1428-01 Mon 7:00-8:15 pm 1/7 9 wks. \$84  
1428-02 Mon 7:00-8:15 pm 4/7 7 wks. \$65

No Class 1/21, 2/18

West M.S. Room 214 - Flynn

1428-03 Wed 7:00-8:15 pm 1/9 9 wks. \$84  
1428-04 Wed 7:00-8:15 pm 4/9 8 wks. \$75

### TAI CHI CHUAN FOR ADULTS 18 YEARS +

This ancient Chinese system of physical exercise and moving meditation, suitable for all ages, is a series of slow moving postures that promote greater flexibility, circulation, balance, strength and energy. Students can develop awareness, muscle tone, flexibility, breath control and self-determination. The goal is to reduce stress and gain vitality. Wear loose clothing. Classes are recommended for men and women.

University Hills El. Gym - Marchewitz  
Beginner:

1425-01 1/10 Thu 7:30-9:00 pm 8 wks \$64  
1425-02 3/20 Thu 7:30-9:00 pm 8 wks \$64

Intermediate:

1426-01 1/10 Thu 6:00-7:30 pm 8 wks \$64  
1426-02 3/20 Thu 6:00-7:30 pm 8 wks \$64

No class 3/27, 4/3, 4/17

### OPEN VOLLEYBALL - 18 YEARS+

Drop-in intermediate co-ed volleyball. Excellent opportunity to hone skills and socialize. Good exercise and we play by the rules! For more information email Joy at rceevolleyball@yahoo.com

Hart M.S. Gym - Camp

Fridays 1/4-6/13 7:00-10:00 pm

\$5 per person per night

No class 1/18, 3/21, 3/28, 4/11, 5/23, 6/6





## JAPANESE SHOTOKAN KARATE

Karate is not simply punching, kicking, blocking and self-defense techniques. Karate is an art that promotes mental and physical development. Originally aimed towards life preservation, today people come to us from all walks of life, with their own set of reasons for wanting to train: Self-defense, Tournament fighting, Physical fitness, etc. Whatever your reason, you will find others just like yourself. Sensei Dan Hunt (5th Dan) & Sensei AC Barrett (4th Dan), are certified instructors with 25 & 15 years of teaching experience. **No jewelry allowed. Adult minimum age is 13.**



**North Hill El. Gym - Hunt** **No new students after the 2nd class.**

**Class on 2/5, 2/19, 2/28, 4/3, 4/15, 4/17, 5/1, 5/15, 5/29 held at Admin. Ctr.**

**Beginning:** *Wear plain, loose-fit clothing. White uniform (Gi), available through instructor.*

1418-01 Tue/Th 1/8-3/18 7:30-8:30pm \$120 (\$100 additional family member)

1418-02 Tue/Th 4/1-6/5 7:30-8:30pm \$120 (\$100 additional family member)

**Intermediate/Advanced:** *White uniform (Gi) mandatory; purchase through instructor. Must have approval of Sensei or Green Belt or higher to register.*

1419-01 Tue/Thu 1/8-3/18 7:30-9:30pm \$140 (\$110 additional family member)

1419-02 Tue/Thu 4/1-6/5 7:30-9:30pm \$140 (\$110 additional family member)

## OAKLAND GOLF

Expert instruction by a Golf Professional is offered at the Van Dyke Golf Dome on Van Dyke, south of 14 Mile Rd. **One hour group lessons** with a class maximum of 12 students per instructor and a minimum of 5 students. Bring clubs to the first class or clubs are available at no extra charge. Receive a videotape of your swing and instruction on the driver, full swing mechanics, putting, chipping, combined with weekly e-mail recaps. *Golf ball discount.* **Jim Dahline, Golf Pro.**



**Beginners 6 weeks \$86**

1442-01 Mon/6:00 pm 2/18

1442-05 Tue/6:00 pm 5/13

1442-02 Mon/6:00 pm 3/31

1442-06 Wed/6:00 pm 5/14

1442-03 Thu/6:00 pm 4/3

1442-07 Sat/10:00 am 5/17

1442-04 Sat/10:00 am 4/5

**Intermediate 6 weeks \$86**

1443-01 Tue/7:00 pm 2/19

1443-03 Tue/7:00 pm 5/13

1443-02 Tue/7:00 pm 4/1



**FITNESSFACTORY INC.**  
SINCE 1981

**With more than 20 years experience, Fitness Factory continues to provide up-to-date explosive, innovative fitness programs.**

**No Walk-In registrations. No make-up days or refunds. All classes are for adults 18 years+.**

## ULTIMATE BODY MAKE-OVER

Tired of watching make-over shows and wishing it was you? Create your own ultimate body with the ultimate workout! Burn fat, tone your torso, firm your legs, hips & thighs and add shape to those shoulders & arms! Bring an exercise mat, 3-8 lb. dumbbells, water & athletic shoes.

**Long Meadow El. Gym - Staff**

1414-01 Mon 6:30-7:30pm 1/7 7 weeks \$49

1414-02 Mon 6:30-7:30pm 3/31 7 weeks \$49

**No class 1/21, 2/18**

## MAT PILATES

"Pilates is designed to give you suppleness, natural grace & skill that will be unmistakably reflected in the way you walk, play and work"-Joseph Pilates. Don't be fooled-this is an intensive & challenging mat workout-but we know you'll love the results. Bring mat, hand weights, bands.

**Long Meadow El. Gym - Staff**

1410-01 Mon 7:35-8:35pm 1/7 7 weeks \$49

1410-02 Mon 7:35-8:35pm 3/31 7 weeks \$49

**No class 1/21, 2/18**

## ABS, GLUTES & THIGHS

Packed with effective exercises for the abs, back, glutes & legs to tone and strengthen the mid-section & lower body. Begin with a warm-up, alternately work targeted muscles (with intense abdominal conditioning); a stretch finishes this fun, challenging class. Bring a mat & water.

**Rochester H.S. Cafeteria - Staff**

1412-01 Tue 7:35-8:35 pm 1/8 9 weeks \$63

1412-02 Tue 7:35-8:35 pm 4/1 9 weeks \$63

## CARDIO FIT AEROBICS

Take it high, or keep it low or somewhere in between, this high-energy, heart-healthy workout is fun to do. Burn calories trim fat and build muscle in the safe effective class. State of the art exercises and weights/bands are used for muscle conditioning. Bring water, mat, hand weights, bands.

**Rochester H.S. Cafeteria - Staff**

1409-01 Tue 6:30-7:30 pm 1/8 9 weeks \$63

1409-02 Tue 6:30-7:30 pm 4/1 9 weeks \$63

# ❄️ **Enrichment** ❄️ **Registration & Policies - Page 4** **See our Scholarship Information!!**

## **Create your workout! Body Images Fitness For Adults 18 +**

Classes are held at **BODY IMAGES Lifestyle Fitness Center** located at 51204 Danview Technology Court, Shelby Township, 2 blks. west of Schoenherr Rd. off 23 Mile Rd., 1st building on the right side. Register at RCS Enrichment: call 248-726-3165.

**Winter: 1 day/week \$114 2 days week \$156 Ultimate Unlimited \$209 12 weeks**

**Spring: 1 day/week \$78 2 days week \$106 Ultimate Unlimited \$158 8 weeks**

**Ultimate Unlimited** - Choose a base class;  
 attend all or any classes including aqua aerobics-page 35

### **BODY STEP**

#### **The Stepping Workout that Makes You Feel Alive!**

BODY STEP is a simple, athletic and fun workout using an adjustable step platform to step up and down to uplifting music. Some of the benefits you can expect to achieve in this class are toning for the lower body, increased cardio fitness and coordination, and upper and lower body conditioning for functional strength. Wear good aerobic shoes. Only at Body Images!

1488-01 M/W 6:15-7:15 pm 1/14 1488-03 Sat 10:00-11:00 am 1/19  
 1488-02 M/W 6:15-7:15 pm 4/14 1488-04 Sat 10:00-11:00 am 4/19

### **CORE AND MORE**

Add a new dimension to your fitness training by focusing on your Core! One of the most effective workouts available today, core training works the body's center of power: the torso. By using stability balls, the bosu, medicine balls, and more, this diverse class will focus on exercises designed to increase your stability, balance and functional strength with the added benefit of improving the tone and look of your abs. The class will also concentrate on the lower body with toning and strengthening exercises that get results. All fitness levels welcome!

1495-01 Wed 10:10-11:10 am 1/16 1495-02 Wed 10:10-11:10 am 4/16

### **PILATES!**

Ultimate way towards a great body. Get flatter abs, gain overall body length, loss of body weight, tone & sculpt long lean muscles, relieve joint stress & improve your posture. A great class for any body regardless of your fitness level! **Unlimited combination is available with this class.**

1489-01 Sat 9:00-10:00am 1/19 1489-02 Sat 9:00-10:00am 4/19

### **CARDIO KICK BLAST**

Kick and punch your way to fitness with this fun, easy to follow cardio class that will give you a total body workout while burning tons of calories and help to relieve stress. You'll learn the proper and safe way to incorporate kickboxing moves into a high-energy aerobic workout that targets your torso, arms, glutes and thighs. This class will also help to improve your core strength, balance, flexibility, coordination and endurance. For all fitness levels!



1496-01 Mon 10:10-11:10 am 1/14 1496-02 Wed 10:10-11:10 am 4/14

## **Arts & Crafts**



### **FUN STUFF TO DO WITH PHOTOGRAPHS: Unique Frames**

Join professional photographer Rebecca Redman for a very casual evening to make a handmade photo frame using chipboard, colorful papers, ribbon and other embellishments to display a favorite 4 x 6 photograph. \$20 materials fee paid to instructor. See Rebecca's portrait gallery at [www.rebeccaredmanphotography.com](http://www.rebeccaredmanphotography.com)

**Van Hoosen M.S. Art Room 126 - Redman**  
 1567-01 Tue 2/5 8:00-9:00pm 1 night \$20

### **SIMPLY TERRIFIC CARDS & SCRAPBOOKS AGES 18+**

Come and make beautiful cards and a coordinating tote. Try your hand at rubber stamping; you'll be amazed at your creativity! Materials fee \$18 in class.

**Rochester H.S. Room D125 - Luongo**  
 1117-01 Tue 3/4 6:30-8:30 pm 2 weeks \$35

# Enrichment

## Arts & Crafts

**Registration & Policies - Page 4**  
**See our Scholarship Information!!**

### Pastels & Watercolor

Sophie Takada, studied at the Art Students League in New York City & Ecole des Beaux Arts in Paris will teach drawing and watercolor painting techniques developed by Rudolf Steiner. **For adults age 18+**

### WATERCOLOR

Wet on wet watercolor technique: experience the introspective mood of the season with artistic creativity. Beginners as well as experienced students are welcome. Materials fee: \$20 paid in class. Held at **Oakland Steiner School**, 3976 S. Livernois/corner of South Blvd. Rd., **Art Room - Takada**

1122-01 Tue 1/8 7:00-8:30 pm 5 weeks \$100

### PASTEL DRAWING

The end of winter needs some coloring up! We will be working with NU Pastels on still life, landscape, figure imagination, etc. Materials fee: \$30 paid in class. Held at **Oakland Steiner School**, 3976 S. Livernois/corner of South Blvd. Rd., **Art Room - Takada**

1120-01 Tue 2/26 7:00-8:30 pm 5 weeks \$110

### JEWELRY DESIGN & FABRICATION

This class will focus on basic jewelry making techniques such as direct construction, lost wax casting and soldering. The class is structured to allow repeat students to explore advanced techniques. Base metals and sterling silver are included in the material costs. Material Fee \$20 paid to instructor in class.

**No class 2/19**

**West Middle School Room 101 - Spitzer**  
 1129-01 Tue 1/8 6:30-8:30 pm 10 weeks \$100

### PICTURE FRAMING & MAT CUTTING

Learn to assemble frames and cut mats for all types of pictures & needlework. Mitre clamps, mat cutters & other necessary tools provided; also sources for framing stock & mat board. Bring item to frame. Materials fee: \$5 paid in class. **For adults age 18+.**

**West Middle School Room 102- Kulka**  
 1116-01 Tue 5/6 7:00-9:00 pm 4 weeks \$49

**No class 5/20**

## CANTERBURY STAINED GLASS

1073 E. Long Lake Rd., Troy (east of Rochester Rd. in Long Lake Plaza)

**Students must be 18 years or older**

### BEGINNING STAINED GLASS

Everyone admires stained glass windows and lamps. You will build two glass panels – the first using lead came, the second using the copper foil method. Select your own basic tool kit in class at approximately \$250-\$300, payable in class.

1150-01	Wed	2/6	6 classes	10:30 am-12:30 pm	\$65
1150-02	Wed	3/5	6 classes	7:00-9:00 pm	\$65

### FROM COAST TO COASTER

Need a holiday gift? Come in for this 3 hour workshop and walk away with a set of 4 glass coasters. No cutting experience necessary. Coasters will be available the following week for pick up. Makes a great gift! Materials fee: \$20, payable in first class.

1154-01	Wed	2/6	1 class	6:30-9:30 pm	\$35
1154-02	Sat	5/10	1 class	10:00 am-1:00 pm	\$35

### GLASS BEAD-MAKING

Glass bead-making is designed to give the beginner skills needed to create your own glass beads. Learn to shape and form glass beads in a molten state using a torch & mapp gas. Students must purchase a bead kit which includes all tools & materials for \$149, payable in class.

1153-01	Sat	1/19	1 class	12:30-4:30 pm	\$30
1153-02	Sat	3/1	1 class	10:00 am-2:00 pm	\$30

### GLASS BRACELETS

Fun and fashionable, fused glass bracelets are the latest warm glass trend. You learn to fuse and slump a bracelet customized to fit your wrist. Students fire in class using our molds and kilns. No glass experience necessary. Materials fee: \$25, payable in class.

1152-01	Tue	2/26	3 classes	7:00-9:00 pm	\$50
---------	-----	------	-----------	--------------	------

### BEGINNING FUSING

Fusing glass is fun & easy. This entry-level kiln class is for everyone; those who can cut glass & those who can not. In this hands-on class you will learn to make test strips, jewelry & glass tiles. Materials fee: \$25-50, payable in class.

1155-01	Wed	1/9	3 classes	7:00-9:00 pm	\$50
1155-02	Sat	5/3	1 class	12:00-5:00 pm	\$50

# Enrichment Technology

Registration & Policies - Page 4  
See our Scholarship Information!!

## Web-Based Instruction For Adults



Update your skills, discover a new talent, or chart a career path at your own pace and at your convenience with our new quality online instruction. Courses held monthly, year-a-round. Over 250 courses!

Our instructor-facilitated online courses are informative, fun, convenient, and highly interactive. Our instructors are famous for their ability to create warm & supportive communities of learners. [Learn more and register at \[www.ed2go.com/la\]\(http://www.ed2go.com/la\).](#)

### CAN THE INTERNET REALLY MAKE MY LIFE EASIER?

This course explores how you can use the Internet to make your life easier. Save time and money, communicate and exchange information instantly. Understand the Internet/World Wide Web, how the Internet is currently being used, things to keep in mind as you use the Internet and the future of the Internet. Learn about online banking, Instant Messaging, stock transactions, the newest technologies available for working and playing. Online media such as Browsers, Realplayer, MP3, Video and CDs. Software and graphics programs for everything from looking for a job, editing and sending a photo to making travel arrangements and search engines will be explored. If you're curious about the Internet, come and ask Chris. This class is ideal for people with less than two years experience with the Internet. **Adams High School Room 138 - Bobcean**  
1383-01 Mon 1/28 7:00-9:00pm 1 class \$30

### INTERNET MARKETING 101

Do you have a small business with a web presence or are you considering creating a website & need to know how to market it? The old adage of "build it and they will come" does not apply. This course is packed with 30 plus ways to promote your website without an enormous marketing budget. Topics covered include marketing your website via search engines, email, offline techniques, promotions & reciprocal linking. Perfect for the small business. **Adams High School Room 138 - Bobcean**  
1384-01 Mon 2/4 7:00-9:00pm 1 class \$40

### I'll take mine "Online" !

The on-line courses presented by **Barbara Denny George, Ed.D.**, are for adults. She is a certified teacher, former technology director and avid genealogist. Be patiently led through the world of the internet, working day-by-day at your own rate over a 30-day period. **Provide your e-mail address at registration.** You will receive your password and instructions one week before class. **Adults 18 years+**

### HOW DO I USE THE INTERNET FOR GENEALOGY - 1

Learn how to trace your family history using the Internet; **easy for newcomers, and for those who prefer a faster pace, you are able to do so.** The instructor patiently leads newcomers through the internet with ease. Covers: 1. Charts, Forms & how to acquire information; 2. Popular genealogy sites; 3. Surname sites; 4. Search engine tips; 5. Photographs & Mailing lists; 6. Organizing Your Data; and 7. Comparing Software for genealogy.  
1305-01 Daily Online 1/17-2/16 \$35

### WHERE TO FIND SPECIFIC GENEALOGICAL INFORMATION-2

A variety of activities for those needs that come after longer periods of researching. **Participants learn how to find the "unusual" & "miscellaneous" on the Internet.** Cover: 1. Research Tools & Techniques; 2. Vital: Birth, Adoption, Marriage & Death; 3. Census, Tax & Land Records; 4. Maps, Gazettes, Atlases, City Directories, County Histories; 5. Military Records; 6. Native Americans, African Americans, Hispanics; 7. Religious Groups  
1306-01 Daily Online 2/27-3/28 \$35

### ADVANCED GENEALOGICAL INFO

Specific sources for: Ship Passenger Lists, Immigration & Naturalization, American Migration Trails, & Homestead Applications. Find mental patients, prisoners, school students, teachers, freemason & female ancestors, records from the CCC, WPA, U.S. Marshals, FBI and Secret Service, divorce records. Use Bibles, journals, diaries, study handwriting, plan family reunions, DNA, medical genealogy & make scrapbooks. **Must take course 2.**  
1307-01 Daily Online 4/9-5/9 \$35

# **Enrichment** **Technology**

**Registration & Policies - Page 4**  
**See our Scholarship Information!!**

## **Personal Productivity using Technology with Jim Miller**

### **DISCOVER THE PDA/SMART PHONE**

Discover the advantages of a PDA and what you can and can't do with it. See the different levels of PDA and types available. Thinking of making the leap to the PDA from paper based organizers/planners and cell phone system? Find out how to become more efficient with less. Jim Miller trains sales staff and teaches robot programming classes.

**Adams High School Media Center - Miller**  
1390-01 Thur 1/24 6:30-7:30pm 1 class \$39

### **PALM TREO AND THE PALM TREO SOFTWARE**

Get the most out of your money with this awesome device! Discover the options and programs available; pros and cons of using the Palm Treo Smartphone. If you're new to the Treo and want to know how to use it effectively or are considering buying one, come and ask Jim all your questions. Jim Miller trains sales staff and teaches robot programming classes.

**Adams High School Media Center - Miller**  
1391-01 Thur 1/31 7:00-8:30pm 1 class \$59

### **PC MAINTENANCE LEVEL 1**

Learn how to keep your PC current with software updates and running well. You'll cover internet option settings, spyware removal, virus protection and back-up options. Learn the secrets to keep your PC running it's best. Jim Miller trains sales staff and teaches robot programming classes.

**Adams High School Media Center - Miller**  
1394-01 Tue 4/8 6:30-7:30pm 1 class \$39

### **HOME PC NETWORKING LEVEL 1 GOING WIRELESS!**

Learn what wireless computer networking is and what it can do for your home or office. Discover the terminology, advantages and disadvantages of wireless networking and where you can buy it. Jim Miller trains sales staff and teaches robot programming classes.

**Adams High School Media Center - Miller**  
1392-01 Tue 2/5 6:30-7:30pm 1 class \$39

### **HOME PC NETWORKING LEVEL 2 WIRELESS SET UP**

Ready to set up your own wireless network? Learn about wireless devices, cost ranges, compatibility and conflicts, network printing, file sharing and **securing your network**. If your planning to do it yourself, ask Jim all your questions. Jim Miller trains sales staff and teaches robot programming classes.

**Adams High School Media Center - Miller**  
1393-01 Thur 2/14 7:00-8:30pm 1 class \$59

**Would you like to receive notices of new brochures and classes, and class closures due to weather or power problems?**

Keep updated the easy way; sign up for our Mail-Out system or update your choices with our new sign-up system.

Go to our district web page at [www.rochester.k12.mi.us/mailout](http://www.rochester.k12.mi.us/mailout) and follow the directions to initiate or update your Mail-Out account. For Enrichment Programs go to the "Select A Building" dropdown menu to chose the programs you are interested in; After School, Aquatics, General Enrichment or all three.

# Enrichment Technology



**Registration & Policies - Page 4**  
**See our Scholarship Information!!**



**Looking for small classes? Our class limit at Admin. Ctr. Lab is 8!!**

## Extra! Extra!

We've revamped our Level 2 courses based on *your* comments to include only the best. In just 1 or 2 sessions you'll get the *rest of the story* on all your favorite computer software with our new **Extras!**

Our **Meet the PC - Extras!** class is a great addition to the very popular Meet the PC Level 1 class. New users and old pros will find it loaded with tips & tricks! Don't miss it!  
Our **Word, Excel, PowerPoint - Extras!** classes are full of tips & tools - work smarter!

## MEET THE PC LEVEL 1

### Intro to Windows & Office XP

Learn basic computer concepts, terminology and Windows XP. Work with windows, menus and toolbars. Try word processors, spreadsheets, presentations, file management, email and the Internet. A *must take!*

**Admin.Center-Enrich.Lab-3 classes: \$117**  
1303-01 T/Th/T 1/29 9:00am-Noon Sinclair  
1303-02 M/W/M 2/4 9:00am-Noon December  
1303-03 T/Th/T 2/5 6:00-9:00 pm Briercheck  
1303-04 W/MW 2/20 6:00-9:00pm Briercheck  
1303-05 T/Th/T 4/15 9:00am-Noon Sinclair  
1303-06 M/W/M 4/28 6:00-9:00 pm December

## MEET THE PC - EXTRAS!

### Outlook Express & Internet Explorer

Use *Internet Explorer* for more than browsing. Get back to previously viewed websites. Send an email link. Print web pages including edges! Use *Favorites* to save and organize web page links.

Try *Outlook* to send & receive email; send, see & save attachments. Resize & send photos. Reuse & group email addresses (don't retype). Use the *Undisclosed Recipients* list. Send an internet link.

**Admin.Center-Enrich.Lab 1 classes \$39**  
1304-01 Tue 2/12 9:00am-Noon Sinclair  
1304-02 Wed 2/20 9:00am-Noon December  
1304-03 Thu 2/28 6:00-9:00 pm December  
1304-04 Tue 4/29 9:00am-Noon Sinclair  
1304-05 Wed 5/7 6:00-9:00 pm December

"Liked the limited number of students & lots of teacher/student interaction. Loved it!"  
Pat C. Office Class

"I like how the class is small enough for personal attention."  
Jae I. Excel Level 1 Class

## FILE MANAGEMENT

Organize the *stuff* on your computer. Create new folders and move files from place to place. Remove unnecessary files and retrieve accidentally deleted ones. Save new documents and downloaded files in appropriate locations...and *find* them later!

**Admin.Center-Enrich.Lab 1 class \$39**

1354-01 Mon 3/10 9:00-Noon December  
1354-02 Thu 4/10 6:00-9:00 pm December  
1354-03 Tue 5/13 9:00-Noon Sinclair  
1354-04 Wed 5/28 6:00-9:00 pm December

"Easy to follow, friendly atmosphere! Learned a lot." Rosemary S., Office Class

## ADOBE PHOTOSHOP ELEMENTS

### 3.0/4.0 - LEVEL 1

Organize and find photos by person, place or event! *Resize* photos; adjust color & lighting. Fix redeye, wrinkles & spots. Add text & shapes. Create albums, slideshows, cards & calendars; email & print photos. *View, email and print.* Elements 3.0/4.0 has it all!

**Admin.Center-Enrich.Lab 3 classes \$117**

1370-01 M/W 2/25 9:00am-Noon December  
1370-02 M/W 5/12 6:00-9:00 pm December

## ADOBE PHOTOSHOP ELEMENTS

### 3.0/4.0 - EXTRAS!

Combine tools & special effects to go beyond basic fixes. Repair old photos, age new ones & colorize black & whites. Unlock the hidden world of *layers*. Add text & graphics. Add & remove objects.

**Admin.Center-Enrich.Lab 1 class \$39**

1369-01 Mon 3/17 9:00am-Noon December  
1369-02 Wed 5/21 6:00-9:00 pm December



## MS OFFICE XP - LEVEL 1

### Word, Excel & PowerPoint Level 1

We bundled the MS Word XP Level 1, MS Excel XP Level 1, and MS PowerPoint XP Level 1 together for a 7-session, cost effective (*slightly accelerated*) way to get your office *basic training!*

**Administration Ctr.-Enrich Lab. 7 classes \$210**  
1341-01 M/W 3/31 9:00-Noon December No class 4/7  
1341-02 T/Th 4/15 6:00-9:00 pm Briercheck

**Save \$114!**

.....  
: "Friendly; you can ask questions :  
: and the instructor always had time :  
: in between to help us." :  
: Vince C., Office Class :  
: .....

## MS WORD XP LEVEL 1

Create, change and save documents. Copy & move data. Format text & paragraphs. *Master tab stops, lists, borders and shading. Manage tabular data.* Adjust margins; add headers & footers. Explore display & print options.

**Admin.Ctr.-Enrich.Lab 3 classes: \$117**  
1325-01 T/Th/T 2/26 9:00-Noon Sinclair  
1325-02 M/W/M 3/3 6:00-9:00pm Briercheck

## MS EXCEL XP LEVEL 1

Create and save worksheets. Enter & format data. Apply formulas and functions to calculate sums, averages and percentages. Add borders & shading. Adjust margins; add headers & footers. Explore display and print options. *Hear Excel speak your data back to you for accuracy!*

**Admin.Ctr.-Enrich.Lab 3 classes: \$117**  
1333-01 Th/T/Th 3/13 9:00-Noon Sinclair  
1333-02 Th/T/Th 3/13 6:00-9:00pm Briercheck

## MS POWERPOINT XP LEVEL 1

*Create a presentation using predefined templates.* Enhance it with text, clipart, drawing objects, charts, and tables. Format text slides. Create notes and handouts. View and print slides. *Add slide transitions and animate text for a polished look.* Watch it!

**Admin. Ctr.-Enrich. Lab 3 classes \$90**  
1338-01 T/Th/T 4/1 9:00-11:30 am Sinclair  
1338-02 T/Th/T 4/1 6:00-8:30pm Briercheck

.....  
: **TECHNOLOGY USAGE POLICY** :  
: Rochester Community Schools has instituted :  
: a Technology Usage Policy regarding :  
: appropriate use of all district technology :  
: including computers and the internet. A :  
: Technology Usage Agreement must be :  
: signed by each student agreeing to appropri- :  
: ate use of district computers and internet :  
: access in our classes. :  
: .....

## MS WORD XP EXTRAS!

### Columns, Labels, Envelopes, Mail Merge & Graphics

*Create multi-column documents for newsletters & brochures.* Wrap text around graphics. Create labels & envelopes. Use mail merge with labels, envelopes and form letters. Add clip art, Word Art & graphics.

**Admin. Ctr.-Enrich Lab 2 classes \$78**  
1326-01 W/M 4/30 9:00-Noon December  
1326-02 T/Th 5/13 6:00-9:00pm Briercheck

.....  
: "Great teacher, very informative, :  
: worked well with individual prob- :  
: lems." Evelyn B., Excel Level 1 :  
: .....

## MS EXCEL XP EXTRAS!

### Charts, Calculations, Sorts & Filters

Create & format charts; add labels & extras. Sort data & use filters (Subtotals, AutoFilter, Custom Filter & Advanced Filter). Calculate data across worksheets. Use Date/Time, Financial, Statistical, Lookup & Logical functions. Get *more* from Excel!

**Admin.Ctr.-Enrich.Lab 2 classes \$78**  
1334-01 M/W 5/12 9:00-Noon December  
1334-02 T/Th 5/20 6:00-9:00pm Briercheck

## MS POWERPOINT EXTRAS!

### Custom Slides & Special Effects

Create your own *slide master* with custom text, graphics, header & footers. Add sound & animations. Group, ungroup & layer objects. *Insert a hyperlinks & connect to the web.* Create the look you want!

**Admin. Ctr.-Enrich. Lab 2 classes \$78**  
1339-02 T/Th 5/20 9:00-Noon Sinclair  
1339-03 T/Th 5/27 6:00-9:00pm Briercheck

.....  
: **ONE TO ONE TUTORING** :  
: One to one tutoring is now available by :  
: appointment! Call us at 248-726-3165 :  
: for information. :  
: .....

# Enrichment Dance

Registration & Policies - Page 4  
See our Scholarship Information!!



## EDE CENTER FOR DANCE

103 South Street, Rochester  
Classes for Ages 18+

Please bring smooth soled shoes to class.  
Ladies may prefer shoes with heels.

### CRUISE SPECIAL

Learn the basics of the Fox Trot for those elegant dance evenings onboard "the big ship" as well as some Latin moves to enjoy dancing to the steel-drum sounds of the islands. Fun for beginners and those wanting a refresher.

**EDE Center for Dance**—Staff \$50/couple  
1483-01 Fri 1/11 3 weeks 7:30-8:25 pm

### SWING TIME

Step lively to the energetic sounds of music from the Swing era to Rock and Roll. A great way to have fun while getting some exercise! For beginners and those who want to review the basics.

**EDE Center for Dance**—Staff \$65/couple  
1484-01 Fri 2/22 4 weeks 7:30-8:25 pm

### WALTZ

Bring back the romance of dance; imagine floating around the dance floor to memorable songs. A great class for beginners, especially wedding or anniversary couples.

**EDE Center for Dance**—Staff \$50/couple  
1486-01 Fri 5/2 3 weeks 7:30-8:25 pm

### SOCIAL DANCE PRIMER

Remove the fear of the dance floor! Learn social ballroom dances in a fun & comfortable environment for beginners; you'll feel at ease in no time!

**EDE Center for Dance**—Staff \$65/couple  
1485-01 Fri 4/4 4 weeks 7:30-8:25 pm

## Elegance in Motion Dance Studio Classes for Ages 18+



### SALSA & LATIN DANCE

Have you noticed the Latin craze lately? There's never been more places to dance Salsa. Here's your chance to learn one of the easiest dances. You'll learn the Salsa & the Merengue in this fun-filled 5 weeks. This class is for beginners.

**McGregor El. Cafe.**—E.I.M. \$99/couple  
1466-01 Mon 1/7 8:15-9:00 pm 5 wks  
1466-02 Mon 3/10 8:15-9:00 pm 5 wks  
No class 1/21 & 3/24

### BEGINNING WEDDING/SOCIAL DANCE

Are you getting married or attending a wedding this year? This class is a must for anyone that has a desire to have fun and look great on the dance floor. Learn the basics of Fox Trot, Waltz, Rumba, Swing & Night Club Slow. You'll be the hit of your next social function! This class is for beginners.

**McGregor El. Cafe.**—E.I.M. \$99/couple  
1467-01 Mon 1/7 7:30-8:15 pm 5 wks  
1467-02 Mon 3/10 7:30-8:15 pm 5 wks  
No class 1/21 & 3/24

### CONTINUING SOCIAL DANCE

This five week workshop is for those that have taken the beginning dance workshop or that have previous dance experience. You'll continue to learn dance steps and work on timing and technique.

**McGregor El. Cafe.**—E.I.M. \$99/couple  
1468-01 Mon 1/7 6:45-7:30 pm 5 wks  
1468-02 Mon 3/10 6:45-7:30 pm 5 wks  
No class 1/21 & 3/24

## COUNTRY DANCING WITH STEPHEN SANCHEZ!!

No class 4/9.

### COUNTRY LINE DANCING Ages 18+

This class is so much fun! It's easy to learn and a great way to meet people. You do not need a partner, so come on out and dance to some Country Western music. Wear leather-soled shoes.

**Musson El. Gym**—Sanchez \$40/person  
1475-01 Wed 1/9 7:00-8:00 pm 8 weeks  
1475-02 Wed 4/2 7:00-8:00 pm 8 weeks

### COUNTRY WESTERN COUPLES DANCING Ages 18+

Come on out and have fun learning the two-step and the latest country western dances. It's great exercise and you will meet new people. Partners are recommended; wear smooth soled shoes.

**Musson El. Gym**—Sanchez \$80/couple  
1476-01 Wed 1/9 8:00-9:00 pm 8 weeks  
1476-02 Wed 4/2 8:00-9:00 pm 8 weeks

# Enrichment Languages

Registration & Policies - Page 4  
See our Scholarship Information!!

## GET BY IN FRENCH

Learn all the French you need to know; how to say hello, talk about your kids, buy drinks, dinner, postcards, shop at the supermarket, pharmacy, get & understand directions, get a hotel room with complementary breakfast etc. Our instructor has a Ph.D. in French, studied & lived in France.

**Rochester HS Rm. F105** – Arrathoon  
1577-01 Mon 1/7 7:30-9:30pm 10 weeks \$95  
No class 1/21

## ITALIAN FOR BEGINNERS

Learn the fundamentals of the Italian language. Emphasis will be on basic vocabulary, customs for enrichment, travel, and for in the workplace. Taught by a native speaker. Bring to class: Ultimate Italian Living Language. Available at the International Bookstore.

**Adams High School Rm. 253** – Taccogna  
1586-01 Mon 1/7 7:00-8:30 pm 8 weeks \$70  
1586-02 Mon 3/31 7:00-8:30 pm 8 weeks \$70  
No class 1/21

## ITALIAN II

Acquire further proficiency in the language; previous exposure is required. Improve your knowledge and conversational skills. Taught by a native speaker. Text: Ultimate Italian Living Language- From The International Bookstore.

**Adams High School Rm. 253** – Taccogna  
1585-01 Wed 1/9 7:00-8:30 pm 8 weeks \$70  
1585-02 Wed 4/2 7:00-8:30 pm 8 weeks \$70

## SPANISH I Beginning

You will enjoy this interactive fun course for leisure or business travelers to Spanish-speaking countries. Taught by a native speaker. Materials Fee: \$5.00 paid to instructor in class.

**Adams High School Rm. 227** – Benitez  
1570-01 Mon 1/7 7:30-9:30 pm 8 weeks \$76  
1570-02 Mon 3/31 7:30-9:30 pm 8 weeks \$76  
No class 1/21

## SPANISH II Intermediate

A continuation of beginning Spanish. Continue to use our text to increase your vocabulary with conversation & short stories. El espanol actual! Text: Spanish Now by Barrons.

**Adams High School Rm. 227** – Benitez  
1571-01 Thu 1/10 7:30-9:30 pm 8 weeks \$76  
1571-02 Thu 4/3 7:30-9:30 pm 8 weeks \$76

## SPANISH III Advanced

Designed for students who wish to improve their speaking, reading, writing and listening skills. The emphasis is on oral communication. ¡Bienvenidos a todos!

**Adams High School Rm. 227** – Benitez  
1572-01 Tue 1/8 7:30-9:30 pm 8 weeks \$76  
1572-02 Tue 4/1 7:30-9:30 pm 8 weeks \$76

Watch for our BASES, Before-and-After-School Enrichment Services, Winter/Spring activities and classes for Elementary age children. Spanish, French, German, and Chinese languages will be offered for children in grades 1-5!

BASES brochures will be sent home with the students in January 2008.



# Enrichment

## Finance & Family

Registration & Policies - Page 4  
See our Scholarship Information!!

### HOW TO BEAT THE HIGH COST OF COLLEGE - For Parents of High School Juniors and Seniors

Learn how & when to begin the financial aid process, how to legally position assets & do income planning to get the maximum amount of financial aid, how college savings will count against you & how to fix that, how to avoid the biggest mistakes parents make, how to select the colleges that offer the best combination of education & financial aid, how to potentially double or even triple your eligibility for aid! Each participant is eligible for a free Preliminary Education Funding Analysis: \$150 value. **Adults Age 18+ \$20/Couple**

**Adams H.S. Media Ctr. - Duggan**  
1236-01 Thu 1/17 7:00-8:30 pm 1 night \$20  
**Rochester H.S. Media Ctr. - Duggan**  
1236-02 Tue 3/18 7:00-8:30 pm 1 night \$20  
**Stoney Creek H.S. Media Ctr. - Duggan**  
1236-03 Tue 4/22 7:00-8:30 pm 1 night \$20

### IMPROVING FAMILY DYNAMICS

In your fast-paced lifestyle, it is important to increase your understanding of what makes your family members tick. **DISCOVER how your children and your spouse perceive their world and you, through the filter of their personal style.** Strengthen the connections with your loved ones by communicating in the "language" natural to how they're wired. Materials fee \$20 paid in class includes a workbook packed with tips on how to increase harmony in your household and a fast paced book of in-depth study of successful relationships. Ed Potoczak is an engineer, instructor trained in people dynamics and enough of a salesman to be married 30 years, with 4 children.

**Stoney Creek HS Rm. C272 - Potoczak**  
1512-01 Mon 1/7 7:00-9:00 pm 2 nights \$50

### PLANNING FOR PEOPLE WITH SPECIAL NEEDS

Study special needs trusts with an emphasis on avoiding estate or federal benefits disqualifications and safety of monies, tie-ins to plans for other children; gifting and charitable bequests including memorial scholarships, uses of life insurance to create discounted dollars. Come and get your questions answered! Only \$10 for additional person.

**Rochester H.S. Room F105- Stillwell**  
1204-01 Thu 1/10 7:00-9:30 pm 1 class \$20

### LONG TERM CARE PLANNING . . .

#### Is Anyone Listening?

Educate yourself on this timely issue. Learn: **what is long term care**, what are the costs of caregiving, how does medicare/medicaid fund long term care, how does your current health care benefit fund long term care costs, who should consider long term care protection, and how long term care planning fits in with your financial plan. Nancy Boari, M.A., Long Term Care Specialist with over 20 years experience in health care.

**Stoney Creek HS Room C272 -Boari**  
1230-01 Wed 1/23 7:00-8:30 pm 1 night \$20



### DIVORCE - What You Need to Know!

Are you or someone you know contemplating divorce? This course will provide the information needed to help familiarize you with the legal process of divorce. Topics discussed include child custody, division of assets, alimony and other divorce related topics. Diane M. Twitty, Attorney.

**Van Hoosen M.S. Room 127 - Twitty**  
1516-01 Tue 2/5 7:00-9:00 pm 1 night \$20



### SYSTEMATIC TRAINING FOR EFFECTIVE PARENTING (STEP)

Parents like to be involved in understanding their children's development, behavior & emotions. These classes offer parents a realistic approach to meeting the challenges of children today. Discusses common concerns and specific child training techniques. **Fee is per family.** B. Barnes, LMSW **Book fee: \$15 paid in class.**

#### STEP & STEP Teen

**(for parents of elementary & secondary students)**  
1250-01 Thu 1/17 7:30-9:00 pm 8 wks \$100  
1250-02 Mon 3/31 7:30-9:00 pm 8 wks \$100

#### Early Childhood STEP

**(for parents of children under six years)**  
1251-01 Mon 1/14 7:30-9:00 pm 7 wks \$90  
1251-02 Thu 4/3 7:30-9:00 pm 7 wks \$90

Held at: **First Congregational Church,**  
1315 N. Pine St.

Easter Week meeting determined in class  
**Scholarships available.**



# Enrichment



**Registration & Policies - Page 4**  
**See our Scholarship Information!!**

## **BASICS IN INVESTING: What Every Woman Should Know**

Women stand to inherit 85% of today's assets. Are we prepared to manage the \$12 trillion in private wealth by the end of the decade? This class will cover "Investing 101", Setting Financial Goals, Stocks, Bonds, C.D.s & other investments. Discuss asset allocation & your own investor profile. Participants are also entitled to a complimentary personalized financial plan.



**Rochester HS Room F103** - Casteel  
1241-01 Tue 3/4 7:00-9:00 pm 1 night \$20

Let H&R Block help you prepare for next year's taxes!



## **OVERLOOKED TAX DEDUCTIONS AND EMPLOYEE CONCERNS**

Find out how to get the most from your tax return. Explore employment concerns and credits, with information on record keeping and travel just to name a few. Francine Rossi is a tax professional from H&R Block.

**Stoney Creek HS Room C271** - Rossi  
1217-01 Wed 1/9 6:00-9:00 pm 1 night \$20

New!

## **SUCCESS IN BUSINESS**

In our fast-paced, wired (now wireless), global economy, it is important to increase your understanding of interaction dynamics. **DISCOVER how your customers, colleagues, employees and managers perceive their world and you through the filter of their personal style.** Increase your influence with these key people by communicating in the "language" natural to how they're wired. Reduce conflict and increase productivity through clear communication. Materials fee \$20 paid in class includes a workbook with tips for daily use, and a fast paced book of in-depth study of successful relationships. Ed Potoczak is an engineer, instructor and executive with special training in people dynamics.



**Stoney Creek HS Rm. C272** - Potoczak  
1513-01 Thu 1/24 7:00-9:00 pm 2 nights \$50

## **FUNDAMENTALS OF INVESTING**

**how to make better decisions about your money.** Many investors have lost much of their hard-earned money by ignoring the basic strategies of investing for their future. These fundamentals and strategies will be covered in this dynamic workshop including Stocks, Bonds, 401(k)s, Asset Allocation techniques, and IRA's. Ideas for identifying potential portfolio pitfalls will be discussed and the topic of Estate Planning will be covered. A.G. Edwards & Sons Inc.

**Adams H.S. Room 228- Hueter**  
1222-01 Thu 4/24 7:00-9:00 pm 2 nights \$20

## **WHEN EBAY BECOMES A BUSINESS: TAX ISSUES FOR THE SELF-EMPLOYED**

Learn about "On-line Business" and tax related issues for the self-employed such as: estimated tax payments, income subject to tax, educational expenses, retirement plans, health insurance and more. Francine Rossi is a tax professional from H&R Block.

**Stoney Creek HS Room C271** - Rossi  
1215-01 Wed 1/16 6:00-9:00 pm 1 night \$20

## **WHEN HOME IS WHERE THE JOB IS: PROPERTY OWNER CONCERNS**

Learn about tax rules for business use of the home such as; casualty losses, conversion to business or rental property, mortgage interest, vacation homes, exclusion of gain on sale of your main home and much more. Francine Rossi is a tax professional from H&R Block.

**Stoney Creek HS Room C271** - Rossi  
1216-01 Wed 1/23 6:00-9:00 pm 1 night \$20

-----  
**A PRIMER IN ESTATE PLANNING**

Leave it to your kids or leave it to the government! We will discuss wills, trusts, patient advocate wills and other documents. Learn how and why to avoid probate. Discover ways to pass on a legacy. **Come equipped with questions!** Additional persons \$10.

**Rochester HS Room F105** - Stillwell  
1211-01 Wed 1/9 7:00-9:30 pm 1 night \$20

## **STARTING YOUR OWN BUSINESS-REVISED!**

Ralph Stillwell has owned and operated a small business for 42 years. In this 2 1/2 hour session he discusses how to start your own business, decide on what type of entity to use (sole proprietor, partner, S-Corporation, C-Corporation, LLC, etc.) How to establish a marketing plan, develop a customer base, obtain financing, use tax deductions, create tax subsidized sick pay and medical reimbursement plans, obtain qualified referrals, select qualified and non-qualified retirement plans, impact the community through your business operations, protect yourself from lawsuits, and surrounding yourself with the right advisors. Handouts and some agreements will be distributed. **Bring lots of questions!**

**Rochester HS Room F105** - Stillwell  
1205-01 Tue 1/8 7:00-9:30 pm 1 night \$20/Additional persons \$10.

## Great Classes for People who Love to Garden!

### About Sue Grubba

Sue Grubba has been designing landscapes since 1985. In 1991, she founded her own landscape and flower garden design firm, Creative Scapes, specializing in annual and perennial gardens and the design and installation of landscape night lighting. Sue teaches courses on landscape design, night lighting and specialty gardens (since 1991) at Schoolcraft College, Advanced Master Gardener classes, home and garden shows and Community Education classes throughout Metro Detroit. She assisted in the curriculum development for Michigan School of Gardening.

New!



### **PRUNING: LEARN BEFORE YOU GET SNIPPY**

To discover the best time and proper methods to prune your landscape plants, don't miss this popular seminar on pruning. This class covers evergreens, deciduous trees, shrubs and roses, and utilizes a slide presentation as well as handouts.

**Adams High School Media Center** – Sue Grubba  
1297-01 Mon 2/4 7:00-9:00 pm 1 night \$20

### **DISTINCTIVE SHRUBS AND TREES**

This class introduces you to a variety of trees and shrubs noted for their positive qualities. Chosen for the aesthetics, disease resistance and hardiness, these plants will spruce up your yard and make it come alive! A slide presentation and handouts are included.

**Adams High School Media Center** – Sue Grubba  
1299-01 Tue 2/12 7:00-9:00 pm 1 night \$20

### **SIMPLY THE BEST - ANNUALS & PERENNIALS**

Now that you have had time to peruse through all the flower catalogs, are you even more confused by the variety and quantity of flowering plants available? This class introduces you to many tried and true annuals and perennials along with newer varieties that have actually lived up to their marketing reputation. Discover how these plants could be winners in your yard.

**Adams High School Media Center** – Sue Grubba  
1295-01 Tue 3/4 7:00-9:00 pm 1 night \$20

### **WHO'S AFRAID OF THE DARK?**

Don't be left out in the dark when it comes to night lighting your landscape. This class will explore the many different types of lights available to you, along with showing you ways to create dramatic effects. This economical way to highlight your landscape not only beautifies your yard, but provides security and safety as well.

**Adams High School Media Center** – Sue Grubba  
1294-01 Wed 4/9 7:00-9:00 pm 1 night \$20

### **HUMMINGBIRDS AND BUTTERFLIES**

One of the goals of people who plant flowers has to be luring these wonderful creatures into the garden. Let Sue Grubba introduce you to the many different plants and techniques that not only attract hummingbirds and butterflies, but also keep them coming back...

**Adams High School Room 138** – Sue Grubba  
1296-01 Wed 5/7 7:00-9:00 pm 1 night \$20

New!



**Home and Garden continued**

**DECORATE LIKE A DESIGNER**

Learn how interior decorators make decisions about furniture placement and color choices for today's beautiful homes. Class covers basic design principles and how to apply them. Learn the principles of color and color matching. Hands-on exercises include measuring and sketching a room of your own for furniture layouts and finding companion wall, furniture and flooring colors. Many hand-outs and helpful tips. Bring a small pair of scissors to first class. Madge Lawson, a graduate of New York's Sheffield School of Interior Design & of U of M, is a practicing Feng Shui consultant. Material fee: \$5 paid in class.



**Adams HS Room 224** – Lawson  
 1240-01 Tue 2/26 7:00-9:30pm 4 classes \$110

**HOME MAKEOVERS WITH FENG SHUI**

Trying to sell your home? Need more money or love in your life? Applying Feng Shui to your home may just be the answer. The Chinese art of placement has been used for thousands of years to help homeowners achieve balance and harmony in their surroundings and so in their lives. Step by step instructions will demystify these ancient principles so you can achieve your goals and be happier. Madge Lawson, a member of the International Feng Shui Guild, and a graduate of New York's Sheffield School of Interior Design & of U of M, is a practicing Feng Shui consultant.

**Adams HS Room 224** – Lawson  
 1239-01 Tue 4/8 7:00-8:30pm 2 classes \$45

**"Very interesting - it answered a lot of questions I've had about my house. I can use the info in my business..."**  
**"I really enjoyed it and would like to attend again! Much to learn and it is very interesting..."**  
**"Excellent, very well presented."**  
 Finding Your Way through Feng Shui

**BUILDER'S PRE-LICENSE SEMINAR**

Covers what you need to know to pass the Michigan Builder's license exam. This class is for those seeking a Builder's license to build their own home, for investors, and for tradespeople who need a license to work legally. Includes: builder's laws, codes and math, blue print reading, construction lien law and business questions. Up-to-date and targeted material. Bring hand-held non-programmable calculator to class. Students may retake the class at no extra charge for up to one year. *Oakland Builder's Institute is a member of the Southeast Michigan Builders Industry Association & National Association of Home Builders.* \$20 Material fee: payable at 1st class.



**Adams HS Room 228** - OBI 1202-01 T/Th 2/5 6:00-10:00pm 4 nights \$199

**MORTGAGE FINANCING 101**

For over 3 years our continuing education programs has been taught to thousands of individuals in over 40 communities. We have nothing to sell and there is nothing for you to buy.

**Lenders will cringe** after you attend this class! Let us put you in the driver's seat next time you need a mortgage. We teach you all the secrets the industry doesn't want you to know. Some of the topics we discuss:

- How to negotiate the best rate and closing costs
- Why you should never pay points
- What a credit score is and how to improve yours
- All types of loan programs
- Biweekly programs and how they save you thousands of dollars

**Free bonus:** Receive a step by step virtually fool proof system on how to become debt free and a comprehensive credit report. **Money Back Guarantee!** *Class is taught by Tim Green & Mike Hyman of America's Premiere Mortgage Co.* **2 nights Rochester HS Rm. F104** -APM  
 1209-01 Tue 3/11 7:00-9:00pm \$30 or \$45/couple

**SURVIVING IN TODAY'S REAL ESTATE/MORTGAGE MARKET**

This course will examine how our current economic and real estate conditions are affecting prospective homebuyers and the current homeowners. Walk through the process of financing your first home, a new home or refinancing your existing home in today's mortgage market. The instructor will focus on credit repair, foreclosures, creative financing, and investing in real estate. **Free Credit Analysis.** *Home Buyer's Education Foundation is a non-profit organization whose goal is to educate first time home buyers.*

**Rochester HS Room F110** – HBF  
 1232-01 Wed 2/13 7:00-9:00pm 1 night \$20

## Leisure Learning



### R/D MOTORCYCLE RIDER EDUCATION

Licensed Motorcycle Driver Training School & Certified by The Motorcycle Safety Foundation

#### Basic Rider Course covers:

- Basic Riding Skills: Turning, Shifting, Braking
- 16 hours of quality instruction by licensed instructors
- 4 hrs/classroom, 12 hrs. on the Bike!
- Motorcycles Provided
- Successful Completion waives the Sect'y of State Riding Skills Test
- Must be 15 years of Age
- Course runs Friday night - Saturday & Sunday all day
- Riding and Learning made fun!

Want to learn to ride a motorcycle or improve your skills, then this course is for you! More details can be found at [www.ubreakwefix.com](http://www.ubreakwefix.com). Friday night class 6:00-9:00pm, Sat/Sun 8:00am-5:00pm

Stoney Creek HS Room C278 - Staff			
1520-01	Fri/Sat/Sun	3/7-3/9	\$250
1520-02	Fri/Sat/Sun	4/18-4/20	\$250
1520-03	Fri/Sat/Sun	4/25-4/27	\$250
1520-04	Fri/Sat/Sun	5/16-5/18	\$250
1520-05	Fri/Sat/Sun	5/30-6/1	\$250

#### Performance Based Motorcycle Rider Course covers:

Already know how to ride but still don't have your license? Need a refresher or got a new bike and want to improve your skill level? We'll review and practice the basic riding skills of braking, counter steering, turning and speed judgment as you tune up your safe riding practices. You'll take the riding skills test used in the Secretary of State Motorcycle Skills Test to gauge your individual level and learn what you need to improve first, then we'll move forward to more advanced techniques. Upon successful completion of this course you'll receive the certificate card that the Sect'y of State recognizes to waive the riding skills test for a cycle endorsement. **You must furnish your own motorcycle** with a clutch (NO scooters!) and protective gear which consists of: DOT helmet, boots that cover the ankle, full fingered gloves, long pants, long sleeved shirt or jacket, eye protection & rain gear, with proof of insurance for your bike.

Stoney Creek HS N. West Parking Lot			
1521-01	Sun	4/6 9:00am-6:00pm	\$200
1521-02	Sun	5/4 9:00am-6:00pm	\$200

### FABULOUS FAMILY PHOTOGRAPHS CLASSES

Join professional portrait photographer, Rebecca Redman, as she leads this series of photography classes; she combines her unique skills as a photographer, educator and mother to inform students at all levels and help improve their everyday family photographs.

See her portrait gallery at [www.rebeccaredmanphotography.com](http://www.rebeccaredmanphotography.com)  
Class held at Adams HS Media Ctr.

#### Understanding Digital Photography

Are you ready to learn more about the basics of digital photography? **To benefit from this class you should own a digital camera.** Topics covered are image capture, file organization, image manipulation, print resolution, cropping ratios, online and local printing resources. Included are numerous photographs to illustrate the information and time for Q & A. **Bring your camera and manual** as Rebecca helps you get familiar with reading your settings.  
1568-01 Tue 1/8 7:00-9:00pm 1 night \$40

#### Tips for Better Pictures

**This class is for anyone who has a camera-film, digital, SLR, point & shoot, disposable, underwater, you get the idea!** Topics include composition, connection with the subject, looking for the light, and being aware of surroundings. Numerous photographs are included to illustrate the techniques and time for Q & A. There is no need to bring your camera.  
1563-01 Tue 1/15 7:00-9:00pm 1 night \$40

#### Advanced Photography

Learn more of the technical aspects of photography. Topics covered will include: basic understanding of aperture, ISO, depth of field, shutter speed, focal length, metering and camera modes. Bring your camera and manual to this session as Rebecca will help you get familiar with your camera settings.  
1564-01 Tue 1/22 7:00-9:00pm 1 night \$40



#### Portrait Workshop & Critique

A chance to take all you have learned in the previous basic and advanced classes and put it to work. **You definitely need your camera as Rebecca will work one-on-one with students in taking portraits.** Includes a discussion on posing and simple one-light set up. Participants will be our models and everyone will have the opportunity to be in front of and behind the lens. The 2nd night we will critique our work.  
1565-01 Tue 2 nights \$80:  
1/29; 6:30-9:30pm and 2/5; 6:30-7:30pm



## SAFE BOATING

Learn to skipper a boat with confidence. **Birmingham Power Squadron** offers to both new and experienced boaters the United States Power Squadron's Safe Boating course. Course covers:

- Power & sail boat handling
- Boat types, terms, registration
- Marlinspike
- Weather, charts & navigation aids
- USCG Navigation rules
- Basic piloting & navigation
- Engine troubleshooting
- Marine radiotelephone

A special Law Enforcement Night covers state & local regulations presented by the Oakland County Sheriff's Dept., U.S. Coast Guard and the Ont. Prov. Police. More details on the course can be found at [www.birminghampowersquadron.com](http://www.birminghampowersquadron.com). Course materials: \$35, payable in class. Charting tools also available at additional cost.

**Stoney Creek H.S. Media Ctr. - Staff**

1517-01 Mon 3/3-5/5 7:00-9:00 pm 9 weeks \$20 No class 3/24

## SOUTHERN MICHIGAN OBEDIENCE TRAINING CLUB

You and your dog will learn how to better communicate with each other for a rewarding relationship. Bring shot records. Dog handlers should be at least age 12.

*To help maintain sanitary conditions at the class site, please be prepared to clean up after your dog before and/or after class.*

### PUPPY PRE-SCHOOL

Ages 3-5 months. This class is designed to promote the bonding process, socialization, and introduction to basic commands. We also address grooming and problem solving. Please bring puppy with buckle collar, six-foot leash and shot records (required) to first class.



**West M.S. Auxilliary Gym - SMOTC**  
1501-01 Tue 1/8 7:00-8:00pm 6 weeks \$59

### BEGINNER OBEDIENCE PRE-NOVICE

Ages six months and older. This class teaches basic dog obedience exercises according to American Kennel Club standards. You will learn to train your dog to walk at your side, sit, stay, lie down, and more. Training collar and leash are required. **The first night come WITHOUT dogs.** Please bring shot records to the first class (required).

**West MS. Auxilliary Gym - SMOTC**  
1505-01 Thu 1/10 7:00-8:00pm 8 weeks \$79  
1505-02 Thu 4/3 7:00-8:00pm 8 weeks \$79

## What's Cooking with Emily???

*Warm, scrumptious meals and a canine creation! Age 18+*

### SOUPS 1

It's soup season! Learn to make soup from scratch, then create pots of Stuffed Green Pepper Soup, Italian Wedding Soup, Creamy Green Bean and Chicken Soup & Gingered Squash Bisque. As always, we divide each soup among the participants so bring four 1-quart heatproof containers and a tote box. Recipes included. Materials fee of \$8 paid to instructor in class.

**Hart MS Room B7 - Kort**  
1006-01 Thu 1/17 6:30-8:45 pm 1 night \$27

### CANINE KITCHEN CREATIONS

A fun kitchen experience focusing on making treats for your dog! Using only whole grains, no sugar and lots of imagination, we'll all make such goodies as birthday cakes, pizzas, bagels and after dinner mint treats. Rover will roll over and over for this one! Bring a 9x13 pan with foil cover. Recipes included. Materials fee of \$8 paid to instructor in class.

**Hart MS Room B7 - Kort**  
1009-01 Tue 2/5 6:30-8:45 pm 1 night \$27

### SOUPS 2

More soup from scratch! Pots of French Onion Supper Soup, Italian Sausage & Butternut Squash Soup, Chicken Enchilada Soup and Polish Dill Pickle Soup. Bring four 1-quart heatproof containers and a tote box. Recipes included. Materials fee of \$8 paid to instructor in class.

**Hart MS Room B7 - Kort**  
1007-01 Thur 2/21 6:30-8:45 pm 1 night \$27

### FAMILY STYLE CHICKEN DISHES

Tried and true home-style chicken dishes. Create Crispy Almond Boneless Chicken, Classic Chicken a la King, French Chicken with Forty Cloves of Garlic, and Chicken Marsala. Bring four 3-4 cup containers. Recipes included. Materials fee of \$10 paid to instructor in class.

**Hart MS Room B7 - Kort**  
1010-01 Tue 3/4 6:30-8:45 pm 1 night \$27

### SOUPS 3

Tonight create Beef Pastie Soup, Refried Bean Soup, Golden Chicken & Dumpling Soup, and Hearty Chicken & Barley Soup. Bring four 1-quart heatproof containers and a tote box. Recipes included. Materials fee of \$8 paid to instructor in class.

**Hart MS Room B7 - Kort**  
1008-01 Tue 4/1 6:30-8:45 pm 1 night \$27

## **More Cooking at your leisure...**

### **CREATE A GOURMET CANDY BOUQUET**

Candy bouquets are hot! Sold in specialty stores for lots of money, we'll show you how they are made. This sweet treat bouquet is special for any occasion and they make beautiful centerpieces and gifts, especially for those who can only eat sugar free candy. Create a dazzling, sweet bouquet made of bright, colorful cellophane and metallic foil spirals blooming with mini candy bars and hard candies, all displayed in a lovely container. You'll be able to design a bouquet in any theme and sell them for profit! **E-mail the instructor at [ajanssen5@cs.com](mailto:ajanssen5@cs.com)** for a supply list or call her at 586-731-4681.

**Stoney Creek H.S. Rm. D142-** Janssen 1064-01 Mon 2/11 7:00-9:30pm 1 night \$30

### **CREATE GOURMET CHOCOLATE CANDY**

In this fun and yummy class you'll make unbelievably delicious gourmet chocolate candy just like the pros! Create chocolate covered marshmallows and pretzels sprinkled with crunchy nuts and buttery toffee bits, plus chunky pecan and peanut clusters, chocolate dipped Oreo and chocolate chip cookies, tempting bark loaded with M&Ms, and more! Discuss the methods used to create filled candies, cherry cordials, "turtles" and how to use molds. Information will be given about professionally selling your candy. Gourmet chocolate candy makes a great centerpiece and a wonderful gift! **E-mail the instructor at [ajanssen5@cs.com](mailto:ajanssen5@cs.com)** for your supply list or call her at 586-731-4681.

**Stoney Creek H.S. Rm. D142-** Janssen 1059-01 Mon 1/28 7:00-9:30pm 1 night \$30

### **CREATE DECADENT GOURMET CARAMEL APPLES**

No doubt you've seen these mouthwatering, artfully crafted caramel apples in upscale department stores, candy stores and on the cable TV shopping shows. Drenched in rich, creamy caramel, enrobed in milk, dark, white or peanut butter chocolates, sprinkled with crunchy nuts, chocolate chips, and loads of other delectable toppings. Gourmet caramel apples are expensive to buy - we'll show you how to make them to have on hand or use for a great centerpiece for any special occasion or as a gift. Make and sell them for profit! **E-mail the instructor at [ajanssen5@cs.com](mailto:ajanssen5@cs.com)** for your supply list or call her at 586-731-4681.

**Stoney Creek H.S. Rm. D142-** Janssen 1057-01 Mon 2/4 7:00-9:30pm 1 night \$30

### **CREATE A GOURMET FRESH FRUIT BOUQUET**

Edible fresh fruit bouquets are one of the hottest new food crafts around and make wonderful gifts. Sold in specialty shops and very expensive, now you can learn how easy and fun they are to make! Create a bright, colorful bouquet of fresh pineapple stars and daisies, mouth-watering strawberries, then decorate it with juicy grape spirals, and succulent honeydew and cantaloupe hearts, all nestled in a lovely container. Fresh fruit bouquets make beautiful, unique table centerpieces for events and holidays and are wonderful gifts too. Make extra income by selling them. **E-mail the instructor at [ajanssen5@cs.com](mailto:ajanssen5@cs.com)** for a supply list or call her at 586-731-4681.

**Stoney Creek H.S. Rm. D142-** Janssen 1062-01 Mon 2/25 7:00-9:30pm 1 night \$30

### **CREATE A GOURMET CANDY AND COOKIE FUN CAKE**

This bright and colorful centerpiece is one of the hottest crafts around! A double layer "cake" made of dozens and dozens of assorted varieties of mini candy bars and cookies! Decorated with lots of sparkling metallic ribbons, it's perfect for parties, holidays, and gift giving as well. You'll be able to create "cakes" in various sizes and shapes, with endless assortments of candies and cookies. **E-mail the instructor at [ajanssen5@cs.com](mailto:ajanssen5@cs.com)** for a supply list or call her at 586-731-4681.

**Stoney Creek H.S. Rm. D142-** Janssen 1066-01 Tue 3/11 7:00-9:30pm 1 night \$30

### **CREATE A GOURMET COOKIE BOUQUET**

Gourmet Cookie Bouquets are very popular and in this fun class you'll create your very own! Dip chocolate chip and sugar cookies into rich gourmet milk and white chocolates, then decorate each one with assorted sweet toppings including Heath toffee bits, M&Ms, mini chocolate chips, crushed Butterfinger candy and Oreo cookies, and sprinkle them with nuts. (Optional) Next, create sparkling green cellophane "leaves" and attach them to each cookie's "stem". Plant your cookie flowers in a lovely container filled with edible "dirt" and "rocks"! These are wonderful centerpieces for any event and great gifts too. Make extra income by selling them. **E-mail the instructor at [ajanssen5@cs.com](mailto:ajanssen5@cs.com)** for a supply list or call her at 586-731-4681.

**Stoney Creek H.S. Rm. D142-** Janssen 1065-01 Tue 3/4 7:00-9:30pm 1 night \$30



## Leisure continued...

### **WORK-AT-HOME JOBS FOR REAL PEOPLE**

If you're tired of trying to find legitimate work-at-home jobs, then this class is for you! The instructor will guide you through the different opportunities available, tools, and skills required, taxes, scams, and provide a list of legitimate companies and resources to help get you started. Familiarity of email and the Internet is helpful. Sheila Edwards is a contributing editor to QueenoftheRandomJob.com, and works diligently to help people find their work-at-home niche. She has held numerous work-at-home positions in various industries ranging from market research, data-entry, mystery shopping, telemarketing, web-moderating, counseling and sales. \$10 materials fee covers textbook with information, job descriptions, resources, and contacts.



**Adams HS Room 232** - Edwards  
1138-01 Wed 3/19 6:30-8:30pm 1 night \$25

### **BECOME A MYSTERY SHOPPER!**

Yes, there is such a thing as a free lunch! Companies hire people, just like you, to make observations on their stores and employees. They need the information to train workers and improve their customer service, and the result is that you get to earn money doing the shopping that you normally do! The instructor will share knowledge on who is hiring in the area, what companies expect, the different opportunities available, writing a great evaluation, tax reporting, and how to get started. Material fee: \$10 covers textbook with information, sample forms and contracts.

**Adams HS Room 232** - Edwards  
1137-01 Tue 3/11 6:30-8:30pm 1 night \$30



### **CONTESTS-HOW TO WIN! DROP-INS/MAIL-INS/PHONE-INS**

Right envelopes, right postcards, when to mail, how to keep your records, where to find upcoming contests, tax information on your winnings! Where to buy supplies and a sample kit for viewing.

**Rochester HS Room F104** - Tadday  
1140-01 Tue 1/8 7:00-8:30pm 1 night \$20

### **PREVENTING IDENTITY THEFT** New!



Learn how to protect yourself from becoming a victim of identity theft, the fastest growing crime in America. Learn about the numerous ways one can become a victim, what steps to take to protect yourself and what steps to take if you are a victim of identity theft. Each attendee will receive a free resource booklet to keep.

**Rochester HS Media Ctr.** - Duggan  
1235-01 Tue 2/12 7:00-8:00pm 1 night \$20

### **THE REAL ME: AWAKENING YOUR TRUE SELF - AGE 18+**

Our thoughts influence our level of success and happiness. By allowing our present feelings to move through us, we create healthier beliefs that lead to a happier life. In this popular three class series, learn to achieve your dreams, improve your relationships, and empower your life through self-reflection exercises, visualization, positive affirmations, goal creation & original inspirational piano music by Sandra A. Chimenti, author of **The Real Me: Awakening Your True Self**. Optional: book will be available to purchase after class for \$15.85.

**Rochester H.S. Room F107** - Chimenti  
1101-01 Tue 3/4-3/18 7:00-9:00pm 3 nights  
\$54 for the series

**Session 1:** "Letting Go of the Story to Create a Path to Happiness"

**Session 2:** "Creating Healthy Thoughts and Beliefs"

**Session 3:** "Achieving Your Dreams"

### **THE REAL PARENT: WHAT YOU KNOW WILL EMPOWER YOU**

Children don't come with instructions! What are parents to do? Sandra Agazzi Chimenti, M.Ed., author, educator, and owner of "Growing Parents", shares successful parenting approaches that build the parent/child relationship. Through respectful communication, positive discipline, self-reflection, creating family goals, and knowing about learning/parenting styles, you will discover the best parenting approaches for creating an enjoyable experience with your children at any age. Come with questions; leave with answers. All are welcome; parents (new and seasoned), single parents, grandparents, educators, and adults looking to improve their parent relationships. Optional: **The Real Me: Awakening Your True Self** will be available to purchase after class for \$15.85.

**Rochester H.S. Room F107** - Chimenti  
1102-01 Tue 4/29 7:00-9:00pm 1 night \$20



## **PSYCHIC ADVENTURES by Do Something Different**

For centuries people have held a fascination for the unknown & unexplained. Here is your chance to make the "psychic connection" through three different disciplines. Three incredible weeks. Limited to 20 people. *(Ages 18 and over.)* Rochester HS-Rm F103 3 nights \$47

1524-01 Wed 1/23-2/6 7:00-9:00 pm



1524-02 Mon 4/21-5/5 7:00-9:00pm

### **1/23: MESSAGES FROM THE SPIRIT WORLD**

An evening of messages from your spirit guides, friends and loved ones. "Proof" that the spirit plane does exist and can communicate with us.

### **1/30: SPEND AN EVENING WITH A PSYCHIC**

If you always wanted to meet a real psychic, this is your chance. Share an evening of mystery as a professional reader demonstrates her psychic powers. A thought provoking evening. A night to remember.

### **2/6: FINDING YOUR SPIRIT GUIDES**

Everyone would like to know what's ahead. Will I be moving? Will this be the time for my big job change? What about my personal life? Tonight you will get your Startling Predictions.

*(These classes investigate psychic or para-psychological phenomena. They do not, and are not intended to, have any spiritual or religious connotations. These classes are for entertainment purposes only.)*

### **4/21: SPEND AN EVENING WITH A PSYCHIC**

If you always wanted to meet a real psychic, this is your chance. Share an evening of mystery as a professional reader demonstrates her psychic powers. A thought provoking evening. A night to remember.

### **4/28: HAVE A TALK WITH YOUR ANGEL**

The time has come to make their presence known. Our psychic will channel your heavenly angels providing you with the information they so lovingly want you to know about them. Angels are here with us on earth in vast numbers at this time. Find out why and how they can assist you in any area of your life. An opportunity to ask the angels questions will be part of this evening.

### **5/5: TEACHER'S CHOICE**

Psychics use many tools to tap into your vibrations. Astrology, numerology, psychometry, palmistry, tarot cards, auras, crystal ball and tea leaves are just a few. Tonight our psychic will employ the tool they feel is best suited to you.

## **Web-Based Instruction** **Learn and Explore at Your Own Pace** **Over 250 Courses available!**



**Update your skills, discover a new talent, or chart a career path at your own pace and at your convenience with our new quality online instruction. Courses held monthly, all year, and cover a huge variety of subject areas.**

Our instructor-facilitated online courses are informative, fun, convenient, and highly interactive. Our instructors are famous for their ability to create warm and supportive communities of learners. **Learn more and register at [www.ed2go.com/la](http://www.ed2go.com/la).**

All courses are 6 weeks and most are \$79. Courses are project oriented, include lessons, hand-on assignments, discussions, supplementary links & more. Complete your course any time at any computer. **All courses require Internet access, e-mail, Internet Explorer or Netscape Navigator.**

Try your hand at Graphic Design, Web Page Design, Career Certificate Programs, PC Troubleshooting-Networking-Security, Health Care-Nutrition-Fitness, Child Care & Parenting, Math, Philosophy & Science, Grant Writing and Nonprofit Management, Sales & Marketing, Personal Finance & Wealth Building, Accounting, Start Your Own Business, Law & Legal Careers, Business Administration and hundreds more.

# Enrichment Music

**Registration & Policies - Page 4**  
**See our Scholarship Information!!**

All **Group Music Classes** are held at **Evola Music**, (586-726-6570), 12745 23 Mile Rd., Shelby Township. Instrument rental is available for the following classes and can be applied to purchase. Tax will be added to material fees. Register for Evola Music classes with Rochester Community Enrichment: 248-726-3165.

## Music for Youth! continued on page 26

### MUSIC FOR LITTLE MOZARTS (Ages 5-6)

Join Beethoven Bear and Mozart Mouse as they learn about music. Music for Little Mozarts was written to provide appropriate piano instruction for five through six years old. Singing and listening skills are developed simultaneously with an appreciation for a variety of music styles. The materials in the course combine to create an exciting and imaginative atmosphere both in the lesson and at home. **Parent participation with child during class is required. No siblings in class.** Keyboard or piano rentals available. Limit of 17 per class. Material fee: \$18 payable in class.

1618-01	Mon	1/14	5:15-6:00 pm	8 wks.	\$88
1618-02	Tue	1/15	6:15-7:00 pm	8 wks.	\$88
1618-03	Sat	1/12	11:15 am-Noon	8 wks.	\$88
1618-04	Mon	4/7	5:15-6:00 pm	8 wks.	\$88
1618-05	Tue	4/1	6:15-7:00 pm	8 wks.	\$88
1618-06	Sat	4/5	11:15 am-Noon	8 wks.	\$88

### TUNES FOR LITTLE TOTS (Ages 3-4)

Spend quality time with your child while having fun learning to appreciate classical music through finger games and group songs. Children learn to express their creativity while building the foundation for musical and social skills. **Parent participation with child during class is required.** No siblings in class. Limit of 17 per class. Material fee: \$10 payable in class.

1617-01	Sat	1/12	2:15-2:45 pm	4 wks.	\$44
---------	-----	------	--------------	--------	------

### KINDERMUSIK - ABC and Me (Ages 2-4 years)

Encourage socialization, sharing, singing, expressive language, creative play and participation in group activities. **Parent participation with child during class is required.** No siblings in class. Limited class size. Material fee \$40 payable in class.

1696-01	Thu	1/17	10:30-11:15 am	8 wks.	\$88
1696-02	Thu	1/17	7:15-8:00 pm	8 wks.	\$88
1696-03	Thu	4/3	10:30-11:15 am	8 wks.	\$88
1696-04	Thu	4/3	7:15-8:00 pm	8 wks.	\$88

### KINDERMUSIK - Village (Ages 0-18 mos.)

Enjoy singing, moving, listening, interacting socially and playing instruments, while encouraging emergent literacy skills. **Parent participation with child during class is required.** No siblings in class. Limited class size. Material fee \$40 payable in class.

1697-01	Thu	1/17	11:30am-12:15pm	8 wks.	\$88
1697-02	Thu	1/17	6:20-7:05 pm	8 wks.	\$88
1697-03	Fri	1/18	11:30am-12:15pm	8 wks.	\$88
1697-04	Thu	4/3	11:30am-12:15pm	8 wks.	\$88
1697-05	Thu	4/3	6:20-7:05 pm	8 wks.	\$88

### YOUTH BEGINNER GUITAR (Ages 10-12)

Choose acoustic or electric guitar and have fun learning the basics. The instructor will help you get started with the mechanics of strumming and chording on the guitar. Rentals are available for the class or bring your own. Book fee: \$8.95 payable in class. Limit of 16 per class.

1620-01	Tue	1/15	6:15-7:00 pm	8 wks.	\$88
1620-02	Thu	1/17	6:15-7:00 pm	8 wks.	\$88
1620-03	Tue	4/1	6:15-7:00 pm	8 wks.	\$88
1620-04	Thu	4/3	6:15-7:00 pm	8 wks.	\$88

### YOUTH BEGINNER PIANO (Ages 7-11)

This introductory class is a great way for children to discover what it is like to play the piano. Students benefit by using our "Piano Lab System" which will help them to focus on learning the basics of playing the piano in a group setting. Book fee: \$7.00, payable in class. Keyboard and piano rentals available. Limit of 17 in class.

1621-01	Mon	1/14	6:15-7:00 pm	8 wks.	\$88
1621-02	Tue	1/15	7:15-8:00 pm	8 wks.	\$88
1621-03	Sat	1/12	10:15-11:00 am	8 wks.	\$88
1621-04	Mon	4/7	6:15-7:00 pm	8 wks.	\$88
1621-05	Tue	4/1	7:15-8:00 pm	8 wks.	\$88
1621-06	Sat	4/5	10:15-11:00 am	8 wks.	\$88

### YOUTH BEGINNER VIOLIN (Grades 1-4)

Experience the fun of musical activities for the Beginning Violin Student. Learn note-reading, rhythm, music symbols & ideas from Suzuki violin in a fun atmosphere. Violin rentals are available. Book fee: \$6.95 payable in class. Limit of 16 per class.

1624-01	Wed	1/16	5:45-6:15 pm	8 wks.	\$88
---------	-----	------	--------------	--------	------

### GROUP VOICE: LEARN TO SING! (Ages 6-14)

**Are you the next "American Idol"?** Come and find out. Learn the fundamentals of good vocal technique. This music program requires no previous musical knowledge. Book fee: \$19.00, payable in class. Limit of 16 per class.

1619-01	Wed	1/16	6:30-7:00 pm	8 wks.	\$88
1619-02	Thu	1/17	5:45-6:15 pm	8 wks.	\$88
1619-03	Wed	4/2	6:30-7:00 pm	8 wks.	\$88
1619-04	Thu	4/3	5:45-6:15 pm	8 wks.	\$88

# Enrichment Music

**Registration & Policies - Page 4**  
**See our Scholarship Information!!**

## **ADULT BEGINNER PIANO (Ages 16+)**

Try our 8-week introductory class and discover how easy it can be to get started. This class uses our "Piano Lab System" that will help you concentrate on learning the basics in a group setting. Our instructor is an expert at teaching adults how to succeed. Book fee: \$15.95, payable in class. Limit of 15 per class.

1542-01	Mon	1/14	7:15-8:00 pm	8 wks.	\$88
1542-02	Wed	1/16	12:00-12:45 pm	8 wks.	\$88
1542-03	Wed	1/16	7:15-8:00 pm	8 wks.	\$88
1542-04	Thu	1/17	7:15-8:00 pm	8 wks.	\$88
1542-05	Wed	4/2	12:00-12:45 pm	8 wks.	\$88
1542-06	Wed	4/2	7:15-8:00 pm	8 wks.	\$88
1542-07	Thu	4/3	7:15-8:00 pm	8 wks.	\$88

All **Group Music Classes** are held at **Evola Music**, (586-726-6570), 12745 23 Mile Rd., Shelby Township. Instrument rental is available and can be applied to purchase. Register for Evola Music classes with Rochester Community Enrichment: 248-726-3165.

## **ADULT BEGINNER GUITAR (Ages 13+)**

Choose acoustic or electric guitar and have fun learning the basics. The instructor will help you get started with the mechanics of strumming and chording on the guitar. Rentals are available for the class or bring your own. Book fee: \$8.95 payable in class. Limit of 16 per class.

1541-01	Tue	1/15	7:15-8:00 pm	8 wks.	\$88
1541-02	Thu	1/17	7:15-8:00 pm	8 wks.	\$88
1541-03	Tue	4/1	7:15-8:00 pm	8 wks.	\$88
1541-04	Thu	4/3	7:15-8:00 pm	8 wks.	\$88

## *Percussion Dojo* **Group Percussion Lessons**

*Grades K-5*

**Percussion Dojo** is group percussion lessons for students in grades K-5. We use percussion instruments to teach music in a fun and energetic way.

Young students learn music in small groups, in a fast paced, fun environment. Class sizes of 10-21 are then divided into 2-3 smaller groups so that they get the individual attention they need while still learning in a "group" environment.

Percussion Dojo is a fun alternative to private music lessons. We teach music to children in 50 minute sessions on a weekly basis, utilizing a martial arts philosophy of respect, discipline, excellence and confidence.

Students will learn all aspects of music starting with basic theory (notes, rhythm, counting). Then, learning percussion starting with keyboard (marimba, xylophone, etc.) and then continuing to master all percussion instruments as they move up the ranks to intermediate and advanced. This unique approach to learning music is taught by Paul Williams, a 13 year teacher of percussion music to K-12 and university students in Michigan, currently at Oakland University and Farmington Community Schools. One time material fee of \$35 paid to instructor in class.

### **University Hills Elementary Music Room/Cafeteria/Stage - Williams**

1763-01	Wed	1/9-1/30	6:00-7:00 pm	4 weeks	\$60
1763-02	Wed	3/5-4/2	6:00-7:00 pm	4 weeks	\$60 <b>No class 3/26</b>
1763-03	Wed	5/7-5/28	6:00-7:00 pm	4 weeks	\$60



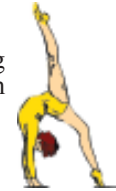


## GYMNASTICS

Rochester Community Schools Enrichment has partnered with Gymnastics Training Center! Our classes will be conducted by the skilled staff at their premier training gym at 1813 Northfield Rd.

No classes 1/26, 2/16, 5/24

OUR CLASSES ARE ARRANGED BY AGE GROUP, then by expertise level.



### PARENT & TOT AGES 2-3

Enjoy fun, games and skill development in this introductory class for parent and child together. We will concentrate on muscle development, motor control, hand/eye & foot/eye coordination, depth perception, medial & lateral awareness. New challenges weekly with review of prior skills.

1680-01	Sat	1/12, 1/19, 2/2, 2/9, 2/23, 3/1, 3/8, 3/15	8:30-9:15 am	8 classes	\$73
1680-02	Sat	4/5, 4/12, 4/19, 4/26, 5/3, 5/10, 5/17, 5/31	8:30-9:15 am	8 classes	\$73

### AGES 4 - 6 YEARS LEVEL 1 & LEVEL 2

**Level 1:** Enjoy a FUN beginner class with little or no experience necessary. This class will introduce the 4-6 year old to pre-gymnastic terminology & equipment through exciting games and activities. This general movement class will stress fine and gross motor skills with emphasis on pre-gymnastic development.

1681-01	Sat	1/12, 1/19, 2/2, 2/9, 2/23, 3/1, 3/8, 3/15	9:15-10:00 am	8 classes	\$73
1681-02	Sat	1/12, 1/19, 2/2, 2/9, 2/23, 3/1, 3/8, 3/15	12:30-1:15 pm	8 classes	\$73
1681-03	Sat	4/5, 4/12, 4/19, 4/26, 5/3, 5/10, 5/17, 5/31	9:15-10:00 am	8 classes	\$73
1681-04	Sat	4/5, 4/12, 4/19, 4/26, 5/3, 5/10, 5/17, 5/31	12:30-1:15 pm	8 classes	\$73

**Level 2:** This class is designed for the 4-6 year old child familiar with gymnastic apparatus and terminology. Advanced work in developing the necessary strength, flexibility and coordination involved in more complex skill movements. The child should have completed the Level 1 class, and able to perform body positions, handstands, cartwheels, and upperbody supports.

1682-01	Sat	1/12, 1/19, 2/2, 2/9, 2/23, 3/1, 3/8, 3/15	10:00-10:45 am	8 classes	\$73
1682-02	Sat	4/5, 4/12, 4/19, 4/26, 5/3, 5/10, 5/17, 5/31	10:00-10:45 am	8 classes	\$73

### AGES 7 - 10 YEARS LEVEL 1 & LEVEL 2

**Level 1:** Enjoy a fun beginner gymnastic class with age appropriate games and gymnastic activities. This class is perfect for the 7-10 year old with little or no gymnastic experience, or a child wishing to learn the all famous cartwheel! All four gymnastic events will be introduced along with pre-gymnastic drills to skills.

1683-01	Sat	1/12, 1/19, 2/2, 2/9, 2/23, 3/1, 3/8, 3/15	10:45-11:30 am	8 classes	\$73
1683-02	Sat	4/5, 4/12, 4/19, 4/26, 5/3, 5/10, 5/17, 5/31	10:45-11:30 am	8 classes	\$73

**Level 2:** This class is geared toward the 7-10 year old child with previous gymnastic experience. The child should be familiar with pre-gymnastic terminology and ready for a more advanced approach in skill development. Experience FUN drills for skills with focus placed on increasing the child's overall strength & flexibility.

1684-01	Sat	1/12, 1/19, 2/2, 2/9, 2/23, 3/1, 3/8, 3/15	11:45am-12:30 pm	8 classes	\$73
1684-02	Sat	4/5, 4/12, 4/19, 4/26, 5/3, 5/10, 5/17, 5/31	11:45am-12:30 pm	8 classes	\$73

### AGES 11+ YEARS LEVEL 1 & LEVEL 2

**Level 1:** Experience an introduction to the world of gymnastic through gymnastic skills & develop the necessary strength and body positions needed to perform basic skills. Hands-on activities on all 4 events will be introduced (Bars, Beam, Floor, Vault).

1685-01	Sat	1/12, 1/19, 2/2, 2/9, 2/23, 3/1, 3/8, 3/15	12:30-1:15 pm	8 classes	\$73
1685-02	Sat	4/5, 4/12, 4/19, 4/26, 5/3, 5/10, 5/17, 5/31	12:30-1:15 pm	8 classes	\$73

**Level 2:** This class is for the child already familiar with gymnastic apparatus and understands basic skill terminology. Focus will be on developing the overall strength and flexibility needed for the pre-advanced level gymnast. The child must complete the Level 1 class and be familiar with cartwheels, handstands, backward rolls, and a pullover.

1686-01	Sat	1/12, 1/19, 2/2, 2/9, 2/23, 3/1, 3/8, 3/15	12:30-1:15 pm	8 classes	\$73
1686-02	Sat	4/5, 4/12, 4/19, 4/26, 5/3, 5/10, 5/17, 5/31	12:30-1:15 pm	8 classes	\$73

*Dress comfortably in soft clothing. Belts, buckles, jeans & jewelry should not be worn. All parents must wait in the GTC lobby during lessons.*

# Enrichment

## YOUTH ACTIVITIES

Registration & Policies - Page 4  
See our Scholarship Information!!

### RHS WINTER BASKETBALL CAMP GRADES 3RD-8TH

John Pleasant, RHS Varsity Basketball Coach and staff New!

Join Coach Pleasant and varsity team members for the 1st Annual RHS Winter Basketball Camp. Coach Pleasant is a director of "Lake Norcentra Basketball Camp" and has helped over 7000 campers become better basketball players. **A very positive approach will stress fundamentals, team concepts, having a positive attitude and always trying your best. And of course, fun!** Work on ball handling, dribbling, passing/receiving, shooting/rebounding, offensive & defensive skills. Camp T-shirt and weekly games. Guest speakers too! Grade/school at registration.  
**Rochester H.S. Main Gym - Staff**

1716-01 Sat 1/5-2/9 9:00am-Noon 6 wks. \$60



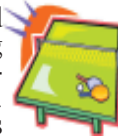
**Sportz AllstarZ is partnering with RCS Enrichment to bring you K-8th Winter Basketball (Co-ed and Girls) and Spring Flag Football**

- Tip-Off **Winter Basketball**-Register with Sportz Allstarz by phone/on-line/mail.
- Your child will learn, develop & apply essential skills under a trained coach
- All children play, receive a jersey & shorts to keep & receive a certificate
- Enjoy the AllStarZ Break, Practices & Games - Develop a love for Basketball!

Register **NOW** at [www.sportzallstarz.com](http://www.sportzallstarz.com) or 248-601-8880 Register by **Dec. 15th** See **Spring Flag Football** information & registration at the web page above or call. Spring Flag Football **Registration Ends March 18, 2008**; season begins April 19th

### ROCHESTER TABLE TENNIS CLUB

Come to Rochester's Table Tennis Club to learn the sport and practice as highlighted in the spring 2006 article in the Rochester Observer & Eccentric Newspaper. Training and matches for all ages and ability levels. Challenge format; bring your own paddle. Enjoy an evening of exercise, fun and competition. We have new Donic tables to play on!



T/Th 1/3-6/12 6:30-10:00 pm

Hart M.S. Cafeteria - McLonis  
\$4 per night per person

No class 1/15, 2/19, 3/6, 3/25, 3/27, 4/15, 4/17, 5/13, 5/15, 5/20, 5/22, 5/29

Get started in Lacrosse or learn advanced techniques...

Join our RCS coaches to learn and play!

### BOYS & GIRLS ELEMENTARY BEGINNER LACROSSE CLINIC -

Grades 3rd-5th New!

Greg Urbin, Hart M.S. Intramural Lacrosse Coach ★

Coach Urban teaches this Clinic for the beginning elementary player; come and learn Lacrosse basics and have a lot of fun! Basic Lacrosse fundamentals are taught including: passing, catching, scooping, stick protection and shooting. Basic offensive & defensive fundamentals are drilled to teach game concepts. Practice positive teamwork while learning the game. Wear athletic clothing, mouthpiece & shoes. Bring a lacrosse stick if you have it. Grade/school needed at registration.

Hart M.S. Aux Gym - Urbin

1715-01 Wed 1/23 4:45-5:45 pm 6 wks. \$30

### BOYS BEGINNER LACROSSE CLINIC - Grades 5th-6th New!

Hank Lewandowski, RHS Varsity Lacrosse Coach and staff ★

Coach Lewandowski designed this Clinic for the beginning or lightly experienced player. Basic Lacrosse fundamentals are taught including: passing, catching, scooping, stick protection and shooting. Basic offensive & defensive fundamentals are drilled to reflect game concepts. Combination drills on the transition game concludes your training. Wear athletic clothing & shoes. Bring a lacrosse stick if you have it. Grade/school needed at registration.

Hart M.S. Main Gym - Staff

1710-01 Wed 1/23 6:30-8:30 pm 1 night \$50

### BOYS ADVANCED LACROSSE CLINIC - Grades 5th-6th New!

Hank Lewandowski, RHS Varsity Lacrosse Coach and staff ★

Coach Lewandowski designed this Clinic for the experienced or advanced lacrosse player. Drills are combined that include basic individual fundamentals and game concepts including: the transition game; settled offense & defense concepts; clearing & riding; Man up & Man down. Players rotate through drills designed by position: Attack, Midfield & Defense. Concludes with 6 vs. 6 scrimmage. Bring: shoes, helmet, stick, gloves, shoulder pads, arm pads & mouth piece. Grade/school needed at registration.

Hart M.S. Main Gym - Staff

1711-01 Wed 2/27 6:30-8:30 pm 1 night \$60



## **SHOTOKAN KARATE FOR KIDS Ages 7-13**

Classes are taught in a fun but disciplined atmosphere where safety is highly stressed. Designed to teach self-reliance, self-respect and respect for others in a rigorous physical activity, Shotokan Karate can help your child become more focused and in control of themselves as well as improve their overall fitness. Traditional Japanese Karate stresses the following in its motto: Seek Perfection of Character, Be Faithful, Endeavor, Respect Others, and Refrain From Violent Behavior. Our instructors, Sensei Dan Hunt (5th Dan) & Sensei AC Barrett (4th Dan), are certified instructors with 25 & 15 years of teaching experience. *Students may not enroll in Beginner after the 2nd class date except with approval from the instructor.* No Jewelry allowed in class.



**Classes on 2/5, 2/19, 2/28 held at the Administration Center  
North Hill Elem. Gym - Hunt**

### **Beginner - Ages 7-13**

Wear loose-fit clothing and plain shirt. If you prefer a karate uniform (Gi); purchase it from the instructor.

1638-01	Tue/Th	6:00-7:00 pm	1/8-3/18	\$120	(\$100 Additional family member)
1638-02	Tue/Th	6:00-7:00 pm	4/1-6/5	\$120	(\$100 Additional family member)

**Intermediate/Advanced** - Must have 7th KYU rank or instructor approval. Gi required; purchase it from instructor.

1639-01	Tue/Th	6:00-7:30 pm	1/8-3/18	\$140	(\$110 Additional family member)
1639-02	Tue/Th	6:00-7:30 pm	4/1-6/5	\$140	(\$110 Additional family member)

## **OAKLAND GOLF FOR YOUTH**

Expert 30-minute group golf lessons for boys & girls ages 6-15 years. Lessons concentrate on swing fundamentals, correct grip, stance and swing technique. Classes have a minimum of 5 and a maximum of 12 students. A videotape of your swing and instruction on the driver, full swing mechanics, putting, chipping, and weekly email recaps will be provided. Golf balls discounted & clubs included. Classes held at **Van Dyke Golf Dome**, 32501 Van Dyke, South of 14 Mile Rd. **Jim Dahline**, Golf Professional.

<b>Beginners</b>	<b>6 weeks</b>	<b>\$43</b>	
1640-01	Mon	5:30pm	3/31
1640-02	Sat	9:30am	4/5
1640-03	Tue	5:30pm	5/13
1640-04	Sat	9:30am	5/17
<b>Intermediates</b>	<b>6 weeks</b>	<b>\$43</b>	
1641-01	Thu	5:30pm	4/3
1641-02	Thu	5:30pm	5/15



## **JUNIOR TENNIS WITH LIFE TIME FITNESS**

Join us at Lifetime Fitness (200 W. Avon Rd. near Rochester Rd.) for fun, friends and fitness! All classes taught by professionals certified by the United States Professional Tennis Association. You will be part of the only program in the area with an excellence training certification from the United States Tennis Association. **8 weeks**

<b>Little Tennis (Ages 3-5):</b>	
1655-01	Sat 1:00-2:00 pm 1/5-2/23 \$128
1655-02	Sat 1:00-2:00 pm 3/1-5/3 \$128

<b>Munchkins (Ages 6-9):</b>	
1656-01	Sat 3:00-4:00 pm 1/5-2/23 \$144
1656-02	Sat 3:00-4:00 pm 3/1-5/3 \$144

<b>Pre-Teen Beginner (Ages 10-12):</b>	
1653-01	Sat 2:00-3:00 pm 1/5-2/23 \$144
1653-02	Sat 2:00-3:00 pm 3/1-5/3 \$144

<b>Teen Beginner (Ages 13-17):</b>	
1654-01	Sun 5:00-6:00 pm 1/6-2/24 \$144
1654-02	Sun 5:00-6:00 pm 3/2-5/4 \$144





# Enrichment



Registration & Policies - Page 4  
See our Scholarship Information!!

## Rochester Community Schools KINDERGARTEN REGISTRATION NIGHT

Evening of April 3, 2008: Held at Your Local Elementary School

### Requirements:

Child must be 5 by December 1, 2008

### What to Bring to Registration:

Child's original birth certificate

Child's immunization records

Current lease or current property tax statement

Parent picture ID

All documents must be in English



## MODELING & PORTFOLIO 101 For Girls Ages 13-18

Are you interested in pursuing the world of Modeling? Learn about the 6 different fields of work inside of the modeling field, the basic modeling steps to take to gain entry into the modeling field, knowledge of how to get an agent and one photo shoot to gain a head start with your initial headshot. Taught by Tully Jensen Moscato who worked in New York for 17 years and has been on the cover of numerous magazines including Elle, Vogue, and Cosmo among others. This class is the pre-class to Making Your Portfolio. Materials cost for film and enlargements \$50 paid to the instructor at the first class.



**1750-01 Modeling 101:** Preparation and introduction into the modeling world.

Stoney Creek H.S. Room D141 - Moscato  
Tue 1/8-2/12 6:30-7:30 pm 6 nights \$150

This class will guide you through putting your portfolio together, how to pick and choose the basic five pictures you need before meeting an agent and includes shooting your portfolio. You will finish with a minimum of five pictures in your portfolio and will be ready to meet your first agent at the end of class. Materials fee \$100 paid at first class.

**1752-01 Portfolio 101:** Must complete Modeling 101 as a prerequisite

Stoney Creek H.S. Room D141 - Moscato  
Tue 3/4-4/15 6:30-7:30 pm 6 nights \$300 No class 3/25

## KIDSEMPowered

The Kids Empowered programs are designed to help kids become confident, assertive, healthy, & safe - to be the person they want to be. Their team is made up of professional social workers, dieticians, educators, fitness and self-defense instructors. For info: [www.girlsempowered.com](http://www.girlsempowered.com).



## THE POWER OF WORDS (Ages 6-8, 9-11, Middle School)

Learn about how words can build people up or tear people down! Teasing, name calling, gossip, and self-talk will be covered. Kids will make the Power of Words kit, play fitness games using the Power of Words theme and play Mean Word Basketball.

McGregor El. Gym - Staff 2/8 Fri night 6:00-9:00 pm \$25

1774-01 Ages 6-8 1775-01 Ages 9-11 1776-01 Middle School

## MOM & DAUGHTER WORKSHOP (Ages 6-8, 9-11 & Middle School)

### Dealing with Mean Girl Behavior

Girls and moms learn strategies in dealing with common conflicts between girls, how to deal with teasing, exclusion, cliques and bullies. Mom will learn strategies to help create an environment for their daughter to minimize the social pain caused by girl peers.

University Hills El. Gym - Staff 2/11 Mon night \$25/pair, \$15/add'l child

1777-01 Ages 6-8 6:00-7:30pm 1784-01 Ages 9-11 6:00-7:30pm 1778-01 M.S. 7:30-9:00pm

## BOYS NIGHT OUT (Ages 6-9)

Boys will learn how to deal with bullying, mean kid behavior and with everyday sticky peer issues. A fun evening that includes fitness games, role playing, discussion & snack.

McGregor El. Gym - Staff 3/7 Fri night 6:00-9:00 pm \$20

1769-01 Ages 6-9

## CO-PARENTING WORKSHOP

A workshop for divorced parents: how to be a better co-parent. Identify common pitfalls of co-parenting with an ex-spouse and how to keep kids out of the middle. Present a unified parental front despite the demise of the marital relationship. How to set boundaries, limitations and discipline so the anxiety of two homes is minimized. Kids need to be kids!

McGregor El. Media Center - Staff 1792-01 2/25 Mon 7:00-8:30 pm \$15



## ACT Preparation Workshop 11th & 12th Graders

The ACT Preparation Workshop will help you prepare to successfully take the test by:

- Showing you exactly what the format of the ACT is, and the kinds of questions to expect for each of the sections of the test
- Teaching you strategies that can be used on the ACT
- Letting you practice through mini-tests over each of the sections of the ACT
- Giving you ideas about the necessity for pacing yourself as well as when and how to guess at answers
- Giving you a complete ACT practice test and answer key

**The best method for scoring well on the ACT and replacing anxiety with confidence is to be knowledgeable and well-prepared.**

This workshop is for students taking the ACT and includes information and strategies for the essay portion of the ACT. Bring a **calculator** and a **watch with a second hand**. **A manual is provided to each participant.**

### Skills Development - Staff

1615-01	Wed	1/30	5:30-8:30pm	1 night	\$73	Adams H.S. Room 238
1615-02	Mon	2/25	5:30-8:30pm	1 night	\$73	Stoney Creek H.S. Room C270

"This will help me to have a better overall understanding of the test and gave me a feeling for what the questions will be." "It gives me a good idea of what to study and work on and some good strategies." "Helped me learn a lot of different options for getting through each question with special strategies." "It let me get an indepth analysis on what is to come." "I realize how much I need to improve and how much faster I need to go."

ACT Prep student comments

### LEARN HOW TO LEARN - Middle School

Preparing for and successfully taking tests are two of the most important skills a student can have. The techniques presented in this class will improve student's abilities in both areas. **Bring a small tape recorder for the study techniques.** Parents MUST attend.

#### Areas of concentration will include:

- Strategies for matching questions
- Avoid freezing up on tests
- Strategies for multiple choice questions
- Improving Concentration
- Strategies for true/false questions
- A test-taking prep check list
- Answering essay questions
- Using quizzes to improve test scores
- The parental role in student success

### West M.S. Room 107 - Staff

1613-01	Thur	2/21	6:30-8:30 pm	\$55
---------	------	------	--------------	------

"Very detailed with study ideas"  
"The instructor was very helpful & knowledgeable"

Learn How To Learn student comments

### HOW TO BEAT THE HIGH COST OF COLLEGE - For Parents of High School Juniors and Seniors

Learn how & when to begin the financial aid process, how to legally position assets & do income planning to get the maximum amount of financial aid, how college savings will count against you & how to fix that, how to avoid the biggest mistakes parents make, how to select the colleges that offer the best combination of education & financial aid, how to potentially double or even triple your eligibility for aid! Each participant is eligible for a free Preliminary Education Funding Analysis: \$150 value. **\$20/Family Adults 18+**

#### Adams H.S. Media Ctr. - Duggan

1236-01	Thu	1/17	7:00-8:30pm	1 night	\$20
---------	-----	------	-------------	---------	------

#### Rochester H.S. Media Ctr. - Duggan

1236-02	Tue	3/18	7:00-8:30pm	1 night	\$20
---------	-----	------	-------------	---------	------

#### Stoney Creek H.S. Media Ctr. - Duggan

1236-03	Tue	4/22	7:00-8:30pm	1 night	\$20
---------	-----	------	-------------	---------	------



## Driver Education Courtesy Driving School, Inc.

Courtesy Driving School, Inc. has entered into a partnership with the Rochester Community Schools Enrichment Department to offer Driver Education to eligible teens.

Classes will be held at all three high schools for the winter & spring of 2008.

**To Register, Call 1-800-256-9559 or (586) 731-3330**

### **Driver Education Segment I (\$10.00 reduced fee with this ad)**

Driver Education I consists of 24 hours of classroom instruction and 6 hours of driving. Upon completion, students receive a Driver Education I certificate. After having the certificate validated at the Secretary of State's office, the students receive a Level One License and are to drive at least 30 practice hours with a parent during 3 months.

This segment includes 24 hours lecture and 6 hours driving. (3 1/2 week class during school year, 3 week class during summer)

### **Driver Education Segment II \$35**

Requirements: Driving 3 months and 30 hours with parents after Driver Education I. Everyone eligible, no matter where you took Driver Education I. This segment requires 6 hours lecture on defensive driving and is a one-week class.

**Many schedules to choose from!!**

## **Hometown Hustle**

**Rochester Community  
Schools Foundation  
5K Fun Run**



**Downtown Rochester  
May 10, 2008  
Check-In: 7:30 a.m.  
Start Time: 8:30a.m.**

K-12 Student           \$10  
Individual Participant \$20  
Family Participant   \$50

Costs are higher on Race Day

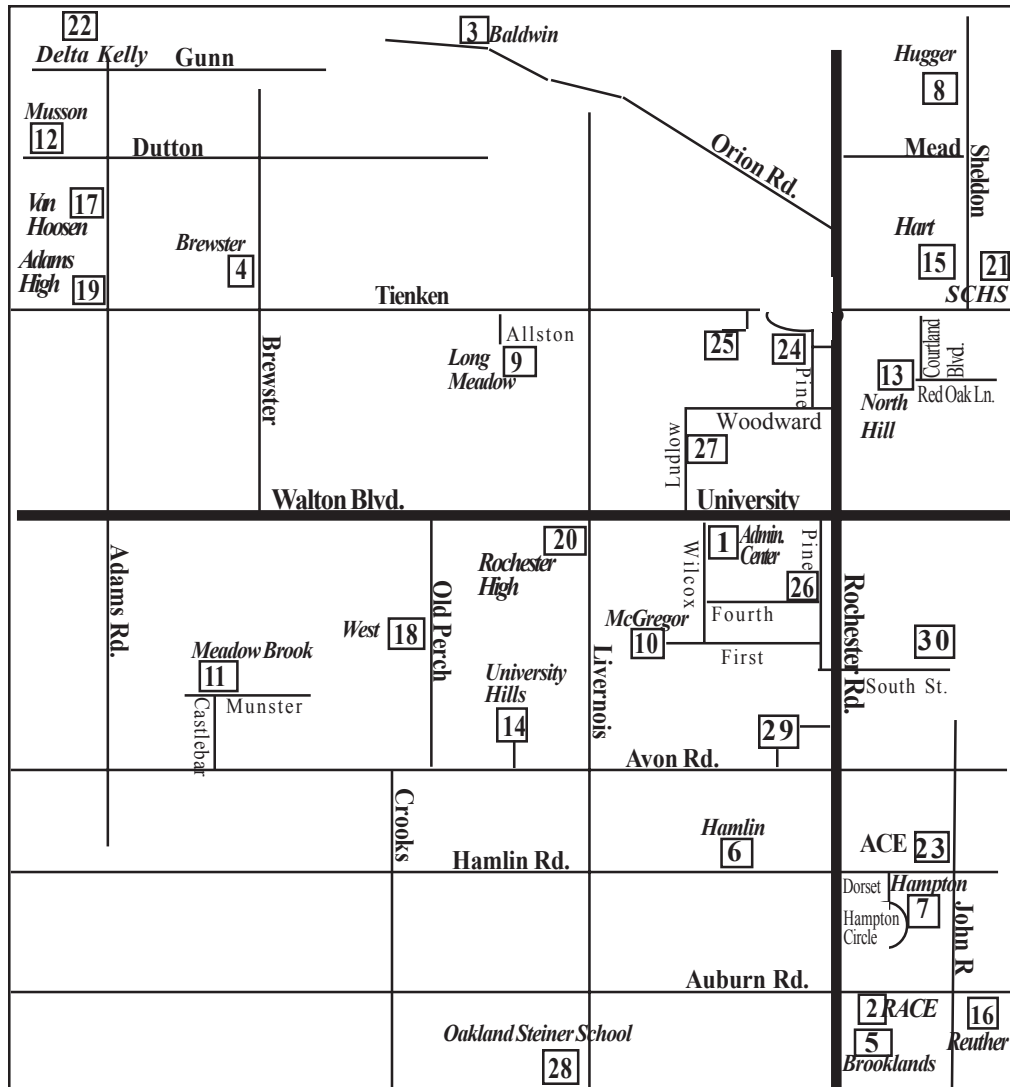
The Rochester Community Schools Foundation is sponsoring its 4th annual 5K Fun Run to support educational programs and services in Rochester Community Schools.

Don't miss this opportunity to enjoy the sights and variety of settings that make Rochester such a great place to live, work and play. Gather your family and friends and come out for a morning of good fun and healthy activity, in support of the students in Rochester Community Schools!

**Register online at [www.rochester.k12.mi.us](http://www.rochester.k12.mi.us) or call  
Rochester Community Schools Foundation at 248-726-3190  
Registration Deadline April 30, 2008**

This year the "Hometown Hustle" will begin at the Rochester Community Schools Administration Center at 501 W. University and wind through the picturesque residential area, along the Clinton River Trail, into downtown Rochester, up the Paint Creek Trail and around the Rochester Municipal Park.

**Join us for Fun, Fitness and Support of  
Education Programs in Rochester Community  
Schools!**



### SCHOOL LOCATIONS

- Administration Center (Enrichment Office)  
501 W. University
- Rochester Adult & Community Education  
Brooklands Center (RACE)  
480 E. Auburn
- Baldwin Elementary  
4325 Bannister
- Brewster Elementary  
1535 Brewster
- Brooklands Elementary  
490 E. Auburn
- Hamlin Elementary  
270 Hamlin
- Hampton Elementary  
530 Hampton Circle
- Hugger Elementary  
5050 Sheldon
- Long Meadow Elementary  
450 Allston

- McGregor Elementary  
1101 W. First
- Meadow Brook Elementary  
2350 Munster
- Musson Elementary  
3500 Dutton
- North Hill Elementary  
1385 Mahaffey
- University Hills Elementary  
600 Croydon
- Reuther Middle School  
1430 E. Auburn
- Van Hoosen Middle School  
1339 N. Adams Rd.
- West Middle School  
500 Old Perch
- Adams High School (AHS)  
3200 Tienken Rd.
- Rochester High School (RHS)  
180 S. Livernois

- Stoney Creek High School (SCHS)  
575 Tienken

- Delta Kelly Elementary  
3880 Adams
- Alternative Center for Education  
1440 John R. Rd.

### COMMUNITY LOCATIONS

- Congregational Church  
1315 N. Pine
- Dinosaur Hill  
333 North Hill Circle
- Paint Creek Center for the Arts  
407 Pine
- Rochester Community House  
816 Ludlow
- Oakland Steiner School  
3976 S. Livernois Rd. at South Blvd.
- Lifetime Fitness  
200 W. Avon Rd.
- EDE Dance Studio  
103 South St.

## Adult & Teen Aquatics

### LIFEGUARD CERTIFICATION

This course has been updated to the latest science in CPR, first aid and emergency cardiovascular care. Learn the skills and knowledge to prevent, recognize, and respond to emergencies and to provide care for injuries and sudden illnesses. This course also includes the use of an automated external defibrillator (AED). Prerequisites: 1) must be age 15 by last day of class, 2) swim 300 yards continuously using front crawl with rhythmic breathing and breaststroke (must use "pull, breathe, kick & glide" sequence), (3) swim 20 yards using front crawl or breaststroke, surface dive to a minimum depth of 7 feet, retrieve a 10-pound object, return to the surface and swim 20 yards back to the starting point with the object (this is a timed event). Upon successful completion, students receive certification for American Red Cross Lifeguard Training (including first aid), CPR for the Professional Rescuer and AED Essentials. **Must attend all 8 classes for the full time period - no exceptions.**

#### Stoney Creek H.S. Pool

2021-11 M/W 3/31-4/23 6:00-9:00 pm \$175  
2021-21 T/Th 4/1-4/24 6:00-9:00 pm \$175  
2021-31 W/M 4/30-5/28 6:00-9:00 pm \$175

#### No class 5/26

2021-41 Th/T 5/1-5/27 6:00-9:00 pm \$175  
2021-51 M-Th 6/2-6/12 6:00-9:00 pm \$175

**Upon successful Lifeguard Training completion, you may apply for employment with the Enrichment Aquatics Staff. Flexible day time and night time schedules available.**

### LIFEGUARD CERTIFICATION REVIEW & RENEWAL

**Must bring current lifeguard and CPR for the Professional Rescuer certification to the first class.** This course has been updated to the latest lifeguarding, first aid, CPR/AED skills. Upon successful completion, students receive certification for American Red Cross Lifeguard Training (including first aid) and CPR for the Professional Rescuer/AED. **Bring your lifeguard book & pocket mask to class and be prepared to swim.** Register early as these classes fill quickly!

#### Adams High School Pool

1922-11 Sat 5/3 9:00 am-4:15 pm \$70  
1922-21 Sat 5/10 9:00 am-4:15 pm \$70  
1922-31 Sat 5/17 9:00 am-4:15 pm \$70

#### Stoney Creek High School Pool

2022-11 M/W 1/7-1/9 6:00-9:30 pm \$70

### BASIC WATER RESCUE/WSI-AIDE

Become familiar with the potential hazards of water activities, how to prevent accidents and respond effectively if an emergency does occur. Basic rescue and first aid skills also included. This course trains you to become an assistant instructor conducting American Red Cross swimming and water safety classes. Provides excellent preparation for future lifeguard training. **Prerequisite for working in the Rochester Community Schools Aquatics program.**

#### 8 classes

Stoney Creek H.S. Pool 8 classes  
2024-11 W/M 2/20-3/17 6:00-8:10pm \$125

### AMERICAN RED CROSS - WATER SAFETY INSTRUCTOR

Instructor candidates will learn to teach all American Red Cross swimming courses by developing their understanding of how to use the course materials, understanding learning progressions, how to conduct training sessions and how to evaluate participant's progress. Prerequisites: Must be 16 years old by the last day of class; swim front crawl (25 yds), back crawl (25 yds), breast stroke (25 yds), butterfly (15 yds), sidestroke (25 yds) and elementary backstroke (25 yds) at or above level 4 standards; back float or sculling on back in deep water for 1 minute; tread water for 1 minute. **You must attend and fully participate in all 10 classes and pass the written exam to receive certification - no exceptions allowed.** No refunds unless cancelled 1 week before 1st class. **Stoney Creek HS Pool - No class 5/26**

2025-11 Mon/Wed 3/31-4/23 6:00 - 9:15 pm 8 classes \$275  
2025-21 Wed/Mon 4/30-5/28 6:00 - 9:15 pm 8 classes \$275

### Calling all Lifeguards, W.S.I.s and Aquatics Instructors !!

Are you interested in working this winter or spring to lifeguard and teach swimming lessons in our community?

You must be a certified lifeguard; preferably with W.S.I.

Saturday and Evening positions available - Flexible schedules

Join our staff now for first chance at summer positions!

Contact: Patricia Calvin, RCS Enrichment Supervisor,  
248-726-3126 or pcalvin@rochester.k12.mi.us





Returning for  
the 5th year !

### Welcome to Body Images Aqua Aerobics

Body Images instructors are A.E.A. Certified Water Instructors. If you are "new" to exercise or pregnant, modifications to your workout are given to suit your fitness level.

Everyone can benefit; its a great workout!

Winter: 2 nights per week - 15 classes \$85, Spring: 2 nights per week -16 classes \$90  
Winter: 1 night per week - 7 classes \$65, Spring: 1 night per week - 8 classes \$69

#### AQUA MOMS

MON/WED 6:15-7:10 PM

While pregnant women have been enjoying the benefits of water aerobic exercise for years, few classes are designed to meet the special needs of moms-to-be. With AQUA MOMS, expectant moms can enjoy the weightless sensation of the water while performing a safe workout and staying in great physical shape. The benefits are many while staying fit during this special time. A physician's note of approval is required at this class. Women at all stages of pregnancy may be eligible to attend.

Stoney Creek HS Pool No Class 1/21, 2/13, 2/18, 4/28, 5/26  
2055-11 M/W 1/16-3/17 15 classes  
2055-12 M/W 3/31-5/28 16 classes

#### AQUA POWER W/NOODLES

MON/WED 6:15-7:10 PM

Water aerobics is one of the most effective and gentle ways to exercise your whole body. This class balances cardiovascular condition, along with muscle strengthening, toning and flexibility with great moves and fun music. Noodles are used as resistance in the noncompetitive atmosphere that makes this workout a big *Splash!* If you are a new exerciser or just love the water, this is the class for you! **Recommendations: Bring a 6 foot noodle, aqua shoes, & drinking water in plastic container.**

Stoney Creek HS Pool No Class 1/21, 2/13, 2/18, 4/28, 5/26  
2051-11 M/W 1/16-3/17 15 classes  
2051-12 M/W 3/31-5/28 16 classes

#### ADULT MASTER LAP SWIMMING

Adult swimmers (ages 18 and older) who wish to swim laps, build endurance, perfect strokes or improve time are welcome. Swimmers may swim any, or all, of the listed times. All adults attending Master Swim must have a pool punch card. Cards are available from the Enrichment office. Card has no expiration date. Master Swim Pool Card: \$28/10 visits

Tues/Thurs: Stoney Creek HS Pool Stoney Creek Pool closed:  
1/15-5/27: 7:00-8:25 pm 1/24, 2/7, 2/14, 2/19, 3/20, 3/25, 3/27, 4/29  
No Refunds for Pool Cards

#### COMPETITIVE DIVING SKILLS SUMMER CLASS

Jump, flip & rip! Returning this summer, our Grades 6th-12th diving class will focus on beginning & intermediate techniques for competitive springboard diving. Instructor: Ann Crombez, SCHS Dive Coach. See our early April summer guide!



#### TEEN-ADULT INSTRUCTION

Whatever your ability, this small group instruction for ages 13-up will help you improve your skills and self-confidence. Ideal as preparation for high school swim test. Mon/Wed Stoney Creek HS Pool

**BEGINNER:** Designed for those who have little or no experience in the water. We will focus on submersion into the water, front and back floats and the beginner stroke. 7 classes  
2061-11: 1/16-2/11 7:30-8:10 pm 4wks \$59

**INTERMEDIATE:** Designed for those who are able to swim at least one length (25 yards) of the pool. We will focus on endurance and stroke perfection. 8 classes  
2062-11: 3/31-4/23 7:30-8:10 pm 4wks \$67

#### SCUBA DIVING

Learn to dive for the adventure of a lifetime! 9 hours of classroom training will teach you the theory of safe scuba practice; 9 hours of pool training will teach you how to use the scuba equipment safely and comfortably (first class, classroom only). \$300 course includes textbook, dive tables, course materials, rentals and classroom work. By second session, you need your own mask, fins and snorkel of diving quality. Class held at US Scuba.



Register at US Scuba Center, 515 S. Rochester Rd., 248-650-9500.

Mon/Wed 1/7-1/24 7:00-10:00 pm  
Mon/Wed 2/6-2/25 7:00-10:00 pm  
Mon/Thur 2/28-3/17 7:00-10:00 pm

## Children's Swim Instruction: Class Descriptions

**Please read the descriptions carefully. If your child can not complete all prerequisites for the class you choose, they will not be allowed in class for safety reasons. No guarantee is made for openings if a change is needed.**

**Octopus**—Min. Age 3 yrs. Child's first class without a parent. This class will help young children adjust to the water and introduce beginner skills such as water entries, blowing bubbles, front and back floats (assisted) with glides (assisted), plus safety skills and water exit.

**Otter**—Prerequisite: Octopus certification. **This class is not an entry-level class.** Improve and reinforce Octopus skills from front floats and glides to kicking, plus going under water and safety skills.

**Minnow**—Prerequisite: Otter certification or good Otter skills. Students will feel comfortable in the water and learn good attitudes and safe practices around the water. Bobbing, breath-holding, front and back glide (with and without kick) and safety skills are taught. Students issued American Red Cross Level 1 card (Water Exploration) at successful completion of this course.

**Angelfish**—Prerequisite: Minnow certification or good Minnow skills. Students should already feel comfortable in the water and swim 5 feet. Improve and reinforce Minnow skills. Water entry, bobs, unassisted front and back floats, unassisted front and back glides (with and without kick), and safety skills are taught. Children cannot progress from this course until they are attending kindergarten.

**Sea Lion**—Prerequisite: Students need to be attending kindergarten or higher to enroll in this class. Students must be able to do all previous level skills, as they will refine Angelfish skills. Learn front and back crawl arm stroke, finning, leveling off, rhythmic breathing and safety skills. Students receive certificate at successful completion of this course.

**Poliwog**—Students continue to learn unassisted swimming skills, front and back crawl, turning over, kneeling dive and safety skills. They also improve rhythmic breathing and are given a rescue breathing demonstration. Students issued American Red Cross Level 2 card (Primary Skills) at successful completion of this course.

**Turtle**—Build on previous skills through additional guided practice. Front crawl with rhythmic breathing, jumping into deep water, diving from poolside, elementary backstroke, treading water, H.E.L.P. position, cramp release, huddle and safety skills are taught. Students must be able to perform front crawl with very good rhythmic breathing before moving to the next level. Students issued American Red Cross Level 3 card (Stroke Readiness) at successful completion of this course.

**Porpoise**—Improve rhythmic breathing, front crawl, back crawl, and elementary backstroke, perfect compact and kneeling dives, introduce stride and standing dives, build endurance, introduce breaststroke and scissors kick and learn survival float.

**Waterdog**—Develop confidence in your strokes and improve skills. Front crawl with rhythmic breathing (25 yards), back crawl (25 yards), breaststroke kick, scissors kick, treading water for 2 minutes, open turns (front and back crawl), survival float and safety skills are taught. Students issued American Red Cross Level 4 card (Stroke Development) at successful completion of this course.

**Sting Ray**—Build endurance of front crawl with rhythmic breathing, back crawl and elementary backstroke, learn front and back crawl open turns, learn breaststroke, introduce breaststroke turn pull out, introduce dolphin kick and perfect stride and standing dives.

**Bass**—Coordinate and refine key strokes. Introduce butterfly, feet first surface dive and springboard diving. Build endurance in front and back crawl, dolphin kick, breaststroke, sculling, and learn sidestroke, alternate breathing, stride jump entry, and long shallow dive. Students issued American Red Cross Level 5 card (Stroke Refinement) at successful completion of this course.

**Shark**—Polish strokes and swim with more ease, efficiency, power and smoothness for greater distances. Learn additional turns as well as pike and tuck surface dives. You will also develop considerable endurance. Front and back crawl (100 yards each), breast and side strokes (25 yards each), butterfly (10 yards) and approach stroke (25 yards), plus front crawl flip turn, sidestroke turn, and safety skills. Students issued American Red Cross Level 6 card (Skill Proficiency) at successful completion of this course.

**Dolphin**—Perfect your strokes, diving and develop good "fitness habits." Learn advanced rescue skills, backstroke flip turn, back crawl flip turn, inverted sidestroke, water rescues and retrieval of diving brick in 8 feet of water. Front crawl (200 yards), back crawl (100 yards), breast and side strokes (50 yards each), butterfly (25 yards) and under water swimming (15 yards). Students issued American Red Cross Level 7 card (Advanced Skills) at successful completion of this course.





## Children's Swim Schedule See class level descriptions page 36

### Adams HS Pool

**Saturday 1/12 - 3/8**

**8 weeks**

No Class 2/16

<b>Octopus</b>	<b>\$67</b>
1901-11	9:30-10:10am
1901-12	10:15-10:55am
1901-13	11:45am-12:25pm
1901-14	1:15-1:55pm
1901-15	2:00-2:40pm
1901-16	2:45-3:25pm
<b>Otter</b>	<b>\$67</b>
1902-11	9:30-10:10am
1902-12	10:15-10:55am
1902-13	11:45am-12:25pm
1902-14	1:15-1:55pm
1902-15	2:00-2:40pm
1902-16	2:45-3:25pm
<b>Minnow</b>	<b>\$67</b>
1904-11	9:30-10:10am
1904-12	11:00-11:40am
1904-13	11:45am-12:25pm
1904-14	2:00-2:40pm
1904-15	2:45-3:25pm
<b>Angelfish</b>	<b>\$67</b>
1931-11	9:30-10:10am
1931-12	10:15-10:55am
1931-13	11:45-12:25pm
1931-14	2:00-2:40pm
1931-15	2:45-3:25pm
<b>Sea Lion</b>	<b>\$67</b>
1905-11	9:30-10:10am
1905-12	10:15-10:55am
1905-13	11:45-12:25pm
1905-14	2:00-2:40pm
<b>Polliwog</b>	<b>\$67</b>
1906-11	9:30-10:10am
1906-12	10:15-10:55am
1906-13	11:00-11:40am
1906-14	2:45-3:25pm
1906-15	3:30-4:10pm
<b>Turtle</b>	<b>\$67</b>
1907-11	10:15-10:55am
1907-12	11:00-11:40am
1907-13	2:45-3:25pm
1907-14	3:30-4:10pm
<b>Porpoise</b>	<b>\$67</b>
1932-11	11:00-11:40am
1932-12	1:15-1:55pm
1932-13	3:30-4:10pm
<b>Waterdog</b>	<b>\$67</b>
1908-11	11:00-11:40am
1908-12	1:15-1:55pm
1908-13	2:00-2:40pm
<b>Sting Ray</b>	<b>\$67</b>
1933-11	11:00-11:40am
1933-12	2:00-2:40pm
1933-13	3:30-4:10pm
<b>Bass</b>	<b>\$67</b>
1909-11	11:45am-12:25pm
1909-12	3:30-4:10pm
<b>Shark/Dolphin</b>	<b>\$67</b>
1919-11	11:45am-12:25pm
1919-12	3:30-4:10pm

"Jenny was very patient with this class of young children." Octopus Parent

"My grandson who felt uncomfortable earlier, has now taken a liking for swimming and enjoys it. He is keen to move up." V.R. Srinivasan



**Parents:**  
Children should not be eating within 1 hour of swimming due to a high chance of upset stomach. If a child vomits in the pool, we must close all programs for the rest of the day.

**Saturday 4/5-5/31**

**8 weeks**

No Class 5/24

<b>Octopus</b>	<b>\$67</b>
1901-21	9:30-10:10am
1901-22	10:15-10:55am
1901-23	11:45am-12:25pm
1901-24	1:15-1:55pm
1901-25	2:00-2:40pm
1901-26	2:45-3:25pm
<b>Otter</b>	<b>\$67</b>
1902-21	9:30-10:10am
1902-22	10:15-10:55am
1902-23	11:45am-12:25pm
1902-24	1:15-1:55pm
1902-25	2:00-2:40pm
1902-26	2:45-3:25pm
<b>Minnow</b>	<b>\$67</b>
1904-21	9:30-10:10am
1904-22	11:00-11:40am
1904-23	11:45am-12:25pm
1904-24	2:00-2:40pm
1904-25	2:45-3:25pm
<b>Angelfish</b>	<b>\$67</b>
1931-21	9:30-10:10am
1931-22	10:15-10:55am
1931-23	11:45-12:25pm
1931-24	2:00-2:40pm
1931-25	2:45-3:25pm
<b>Sea Lion</b>	<b>\$67</b>
1905-21	9:30-10:10am
1905-22	10:15-10:55am
1905-23	11:45-12:25pm
1905-24	2:00-2:40pm
<b>Polliwog</b>	<b>\$67</b>
1906-21	9:30-10:10am
1906-22	10:15-10:55am
1906-23	11:00-11:40am
1906-24	2:45-3:25pm
1906-25	3:30-4:10pm
<b>Turtle</b>	<b>\$67</b>
1907-21	10:15-10:55am
1907-22	11:00-11:40am
1907-23	2:45-3:25pm
1907-24	3:30-4:10pm
<b>Porpoise</b>	<b>\$67</b>
1932-21	11:00-11:40am
1932-22	1:15-1:55pm
1932-23	3:30-4:10pm
<b>Waterdog</b>	<b>\$67</b>
1908-21	11:00-11:40am
1908-22	1:15-1:55pm
1908-23	2:00-2:40pm
<b>Sting Ray</b>	<b>\$67</b>
1933-21	11:00-11:40am
1933-22	2:00-2:40pm
1933-23	3:30-4:10pm
<b>Bass</b>	<b>\$67</b>
1909-21	11:45am-12:25pm
1909-22	3:30-4:10pm
<b>Shark/Dolphin</b>	<b>\$67</b>
1919-21	11:45am-12:25pm
1919-22	3:30-4:10pm

"I felt they used the class time well...the instructor dot down on my child's level and actually demonstrated strokes, diving skills etc. He was an excellent teacher and really had a good handle on the kids." K.Freer

Double Check our refund policy! Page 4

See Aquatic Regulations Page 40



## Children's Swim Schedule See class level descriptions page 36

### Stoney Creek HS Pool- Monday & Wednesday Evening

#### Session 1: 1/16-2/11 4 wks. Session 2: 2/20-3/17 4 wks.

<b>Octopus</b>	\$59
2001-11	6:00-6:40 pm
2001-12	6:45-7:25 pm
<b>Otter</b>	\$59
2002-11	6:00-6:40 pm
2002-12	6:45-7:25 pm
<b>Minnow</b>	\$59
2004-11	6:00-6:40 pm
2004-12	6:45-7:25 pm
<b>Angelfish</b>	\$59
2031-11	6:00-6:40 pm
2031-12	6:45-7:25 pm
<b>Sea Lion</b>	\$59
2005-11	6:45-7:25 pm
<b>Polliwog</b>	\$59
2006-11	7:30-8:10 pm
<b>Turtle</b>	\$59
2007-11	7:30-8:10 pm
<b>Porpoise</b>	\$59
2032-11	7:30-8:10 pm
<b>Waterdog/Sting Ray</b>	\$59
2017-11	7:30-8:10 pm

7 Classes  
No Class 1/21

"My son really enjoyed the class. He loves to come to swimming. He wants class every day."  
Akila V.  
Octopus Parent

<b>Octopus</b>	\$67
2001-21	6:00-6:40 pm
2001-22	6:45-7:25 pm
<b>Otter</b>	\$67
2002-21	6:00-6:40 pm
<b>Minnow</b>	\$67
2004-21	6:00-6:40 pm
<b>Angelfish</b>	\$67
2031-21	6:00-6:40 pm
2031-22	6:45-7:25 pm
<b>Sea Lion</b>	\$67
2005-21	6:00-6:40 pm
2005-22	6:45-7:25 pm
<b>Polliwog</b>	\$67
2006-21	6:45-7:25 pm
<b>Turtle</b>	\$67
2007-21	6:45-7:25 pm
<b>Porpoise</b>	\$67
2032-21	7:30-8:10 pm
<b>Waterdog/Sting Ray</b>	\$67
2017-21	7:30-8:10 pm
<b>Bass</b>	\$67
2009-21	7:30-8:10 pm
<b>Shark/Dolphin</b>	\$67
2019-21	7:30-8:10 pm

8 classes

"Really helped my daughter overcome her fears - she feels so much more comfortable in the water"  
Shantal S.  
Otter Parent

#### Session 3: 3/31-4/23 4 wks.

<b>Octopus</b>	\$67
2001-31	6:00-6:40 pm
2001-32	6:45-7:25 pm
<b>Otter</b>	\$67
2002-31	6:00-6:40 pm
2002-32	6:45-7:25 pm
<b>Minnow</b>	\$67
2004-31	6:00-6:40 pm
2004-32	6:45-7:25 pm
<b>Angelfish</b>	\$67
2031-31	6:00-6:40 pm
2031-32	6:45-7:25 pm
<b>Sea Lion</b>	\$67
2005-31	6:45-7:25 pm
<b>Polliwog</b>	\$67
2006-31	7:30-8:10 pm
<b>Turtle</b>	\$67
2007-31	7:30-8:10 pm
<b>Porpoise</b>	\$67
2032-31	7:30-8:10 pm
<b>Waterdog/Sting Ray</b>	\$67
2017-31	7:30-8:10 pm

8 Classes

"Liked the small class sizes, lifeguards on duty, organized..."  
Allison S..  
Otter & Minnow Parent

#### Session 4: 4/30-5/28 4 wks.

<b>Octopus</b>	\$67
2001-41	6:00-6:40 pm
2001-42	6:45-7:25 pm
<b>Otter</b>	\$67
2002-41	6:00-6:40 pm
<b>Minnow</b>	\$67
2004-41	6:00-6:40 pm
<b>Angelfish</b>	\$67
2031-41	6:00-6:40 pm
2031-42	6:45-7:25 pm
<b>Sea Lion</b>	\$67
2005-41	6:00-6:40 pm
2005-42	6:45-7:25 pm
<b>Polliwog</b>	\$67
2006-41	6:45-7:25 pm
<b>Turtle</b>	\$67
2007-41	6:45-7:25 pm
<b>Porpoise</b>	\$67
2032-41	7:30-8:10 pm
<b>Waterdog/Sting Ray</b>	\$67
2017-41	7:30-8:10 pm
<b>Bass</b>	\$67
2009-41	7:30-8:10 pm
<b>Shark/Dolphin</b>	\$67
2019-41	7:30-8:10 pm

8 Classes  
No Class 5/26

"Like the teacher's friendliness & enthusiasm during class-he really rooted the kids to try harder."  
Cindy K.  
Angelfish Parent



### OPEN SWIM POOL PROGRAM

Pool Cards are available for purchase in the Enrichment Office. Card has no expiration date.

**Admission by Pool Card only - No Refunds for Pool Cards.**

**POOL CARDS: Open \$24/12 visits Senior \$10/12 visits (60 and over)**

**Family \$75/12 visits (one punch admits family of up to 5-parent must accompany children)**

Open to anyone in the community. **Children under 6 years of age and/or 48" tall, must be accompanied in water by a parent.** Only water toys and swim aids used in Community Services lessons are permitted (supervisor will distribute and collect at his/her discretion).

Adams High School Pool: 1/11-5/30

Pool closed 1/18, 2/15, 3/21, 3/28, 5/23

Family Swim: Fri 6:00-7:00 pm

Open Swim: Fri 7:00-9:00 pm



# Enrichment



Children's Swim  
Registration Page 42

## Children's Swim Schedule See class level descriptions page 36

### Stoney Creek HS Pool- Tuesday & Thursday Evening

<b>Session 1: 1/15-2/12</b>	<b>4 wks.</b>	<b>Session 2: 2/21-3/18</b>	<b>4 wks.</b>
<b>Octopus</b> \$67	No Class 1/24	<b>Octopus</b> \$67	8 Classes
2001-51 6:00-6:40 pm	8 Classes	2001-61 6:00-6:40 pm	
<b>Otter</b> \$67	2/7 class held at AHS	<b>Otter</b> \$67	
2002-51 6:00-6:40 pm		2002-61 6:00-6:40 pm	
<b>Minnow</b> \$67		<b>Minnow</b> \$67	
2004-51 6:00-6:40 pm		2004-61 6:00-6:40 pm	
<b>Angelfish</b> \$67		<b>Angelfish</b> \$67	
2031-51 6:45-7:25 pm		2031-61 6:45-7:25 pm	
<b>Sea Lion</b> \$67		<b>Sea Lion</b> \$67	
2005-51 6:45-7:25 pm		2005-61 6:45-7:25 pm	
<b>Polliwog</b> \$67		<b>Polliwog</b> \$67	
2006-51 6:45-7:25 pm		2006-61 6:45-7:25 pm	
<b>Turtle</b> \$67		<b>Turtle</b> \$67	
2007-51 7:30-8:10 pm		2007-61 7:30-8:10 pm	
<b>Porpoise</b> \$67		<b>Sting Ray</b> \$67	
2032-51 7:30-8:10 pm		2033-61 7:30-8:10 pm	
<b>Waterdog</b> \$67		<b>Bass</b> \$67	
2008-51 7:30-8:10 pm		2009-61 7:30-8:10 pm	

<b>Session 3: 4/1-4/24</b>	<b>4 wks.</b>	<b>Session 4: 5/1-5/27</b>	<b>4 wks.</b>
<b>Octopus</b> \$67	8 classes	<b>Octopus</b> \$67	8 Classes
2001-71 6:00-6:40 pm		2001-81 6:00-6:40 pm	
<b>Otter</b> \$67		<b>Minnow</b> \$67	
2002-71 6:00-6:40 pm		2004-81 6:00-6:40 pm	
<b>Minnow</b> \$67		<b>Angelfish</b> \$67	
2004-71 6:00-6:40 pm		2031-81 6:45-7:25 pm	
<b>Angelfish</b> \$67		<b>Sea Lion</b> \$67	
2031-71 6:45-7:25 pm		2005-81 6:45-7:25 pm	
<b>Sea Lion</b> \$67		<b>Polliwog</b> \$67	
2005-71 6:45-7:25 pm		2006-81 6:45-7:25 pm	
<b>Polliwog</b> \$67		<b>Turtle</b> \$67	
2006-71 6:45-7:25 pm		2007-81 7:30-8:10 pm	
<b>Turtle</b> \$67		<b>Sting Ray</b> \$67	
2007-71 7:30-8:10 pm		2033-81 7:30-8:10 pm	
<b>Porpoise</b> \$67		<b>Shark/Dolphin</b> \$67	
2032-71 7:30-8:10 pm		2019-81 7:30-8:10 pm	
<b>Waterdog</b> \$67			
2008-71 7:30-8:10 pm			

*Double-check our refund policy. Pages 4 & 40*

**Children should not be eating within 1 hour of swimming due to a high chance of upset stomach. If a child vomits in the pool we must close all remaining classes. Thank you for your assistance.**

#### TINY TOT SWIM INSTRUCTION

For children ages 1 1/2-3 years old with parent in the water with the child. This class stresses safety and teaches parents how to help their child become comfortable in the water and begin to swim. Huggie swimmer diapers or cloth diapers and rubber pants needed if not potty trained. Book fee: \$2.00 payable in class. Please bring exact amount.

#### ADAMS HIGH SCHOOL POOL

<b>Session 1: 1/12-3/8</b>	<b>8 weeks</b>	<b>No class 2/16</b>
Saturday 1913-11	10:15-10:45 am	\$67
<b>Session 2: 4/5-5/31</b>	<b>8 weeks</b>	<b>No class 5/24</b>
Saturday 1913-21	10:15-10:45 am	\$67

#### STONEY CREEK HIGH SCHOOL POOL

<b>Session 4: 5/1-5/27</b>	<b>8 classes</b>
Tues/Thur Eve. 2013-81	6:10-6:40 pm \$67



## AQUATIC REGULATIONS

**If swim lessons are cancelled during the session, all efforts will be made to reschedule. If unable to do so, open swim passes will be issued.**

Classes are funded by your fees. Classes that do not meet established minimums will have to be cancelled. If we cancel classes before the session begins, full refunds will be given. **No refund is given if you cancel private or semi-private lessons or if you miss a lesson.**

- **A \$5 processing fee will be withheld** for each refund and/or transfer requested.
- 1-3 day classes: **One week notice** required for full refund **minus \$5 processing fee. No refunds for semi-private or private swim lessons.**
- 4 or more day classes: Prorated refunds minus **\$5 processing fee** will be issued **only before the second class meeting regardless of attendance. Refunds will not be granted for semi-private or private swim lessons.**
- **No refunds are given if you cancel private or semi-private swim lessons.**

**Pool Cards** must be purchased in advance from the Enrichment Office for Open Swim & Master Swim. No swimming without a card and cards are not available for purchase at the pool.

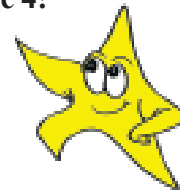
Due to occasional unexpected closures or other emergencies, please do not "drop off" your child at the pool. An adult must stay at the pool while child is in lessons.

**With the exception of children under 5 years, no one enters locker rooms of the opposite gender.**

Note To Parents: A child will usually repeat each course a number of times in order to gain the skills, strength, endurance and confidence to progress to the next level.

**Parents:**  
**Children should not be eating within 1 hour of swimming due to a high chance of upset stomach. If a child vomits in the pool, we must close all programs for the remainder of the day.**  
**Thank you for your help.**

**Double Check  
our refund policy above  
and on Page 4!**



### **Sign up for the Enrichment Department's "Mail Out" Information Option!**

Would you like to receive emails with closings due to power outages, emergencies or weather conditions automatically? Also receive our new program guides, notice of Enrichment, B.A.S.E.S., Intramural or Aquatic class changes, or new offerings?

**With our new "Mail Out" option, you can now receive email notices for your choice of programs just by signing up on the school district web page; click on the "Mail Out" button at the top of the page and follow the instructions to begin or update your automatic emails. If you signed up more than 6 months ago, please sign in and update your options; the Mail Out program has changed.**  
Go to [www.rochester.k12.mi.us](http://www.rochester.k12.mi.us) today!



## SEMI-PRIVATE & PRIVATE SWIM LESSONS

Lessons are for 4 - 40minute sessions for skill building, problem solving & advancement.  
**Register NOW at the Enrichment Office or call 248-726-3165**

If we cancel a semi-private lesson due to low enrollment or if we cancel semi-private or private lessons due to a pool problem, we will issue a refund. No refunds will be given if you cancel private or semi-private swim lessons. No refunds will be issued for missed lessons.

### Adams High School Pool:

#### Session 1A: 1/12-2/2

4 classes

Semi-Private:	Sat	1980-11	9:30-10:10 am	\$76	Octopus
Semi-Private:	Sat	1981-11	11:00-11:40 am	\$76	Otter/Minnow
Semi-Private:	Sat	1982-11	1:15-1:55 pm	\$76	Angelfish/Sea Lion
Semi-Private:	Sat	1983-11	1:15-1:55 pm	\$76	Polliwog/Turtle
Semi-Private:	Sat	1980-12	1:15-1:55 pm	\$76	Octopus
Semi-Private:	Sat	1983-12	2:00-2:40 pm	\$76	Polliwog/Turtle
Semi-Private:	Sat	1984-11	2:45-3:25 pm	\$76	Porpoise/Waterdog
Semi-Private:	Sat	1982-12	3:30-4:10 pm	\$76	Angelfish/Sea Lion
Semi-Private:	Sat	1981-12	3:30-4:10 pm	\$76	Otter/Minnow
Private:	Sat	1967-11	9:30-10:10 am	\$105	
Private:	Sat	1967-12	11:00-11:40 am	\$105	
Private:	Sat	1967-13	1:15-1:55 pm	\$105	
Private:	Sat	1967-14	2:45-3:25 pm	\$105	

#### Session 1B: 2/9-3/8

4 classes No class 2/16

Semi-Private:	Sat	1980-14	9:30-10:10 am	\$76	Octopus
Semi-Private:	Sat	1981-13	11:00-11:40 am	\$76	Otter/Minnow
Semi-Private:	Sat	1981-14	1:15-1:55 pm	\$76	Otter/Minnow
Semi-Private:	Sat	1983-13	1:15-1:55 pm	\$76	Polliwog/Turtle
Semi-Private:	Sat	1982-13	2:00-2:40 pm	\$76	Angelfish/Sea Lion
Semi-Private:	Sat	1982-14	2:45-3:25 pm	\$76	Angelfish/Sea Lion
Semi-Private:	Sat	1980-15	3:30-4:10 pm	\$76	Octopus
Semi-Private:	Sat	1984-12	3:30-4:10 pm	\$76	Porpoise/Waterdog
Private:	Sat	1967-15	9:30-10:10 am	\$105	
Private:	Sat	1967-16	11:00-11:40 am	\$105	
Private:	Sat	1967-17	1:15-1:55 pm	\$105	
Private:	Sat	1967-18	2:45-3:25 pm	\$105	



#### Session 2A: 4/5-4/26

4 classes

Semi-Private:	Sat	1980-21	9:30-10:10 am	\$76	Octopus
Semi-Private:	Sat	1981-21	11:00-11:40 am	\$76	Otter/Minnow
Semi-Private:	Sat	1982-21	1:15-1:55 pm	\$76	Angelfish/Sea Lion
Semi-Private:	Sat	1983-21	1:15-1:55 pm	\$76	Polliwog/Turtle
Semi-Private:	Sat	1980-22	1:15-1:55 pm	\$76	Octopus
Semi-Private:	Sat	1983-22	2:00-2:40 pm	\$76	Polliwog/Turtle
Semi-Private:	Sat	1984-21	2:45-3:25 pm	\$76	Porpoise/Waterdog
Semi-Private:	Sat	1982-22	3:30-4:10 pm	\$76	Angelfish/Sea Lion
Semi-Private:	Sat	1981-22	3:30-4:10 pm	\$76	Otter/Minnow
Private:	Sat	1967-21	9:30-10:10 am	\$105	
Private:	Sat	1967-22	11:00-11:40 am	\$105	
Private:	Sat	1967-23	1:15-1:55 pm	\$105	
Private:	Sat	1967-24	2:45-3:25 pm	\$105	

#### Session 2B: 5/3-5/31

4 classes No class 5/24

Semi-Private:	Sat	1980-24	9:30-10:10 am	\$76	Octopus
Semi-Private:	Sat	1981-23	11:00-11:40 am	\$76	Otter/Minnow
Semi-Private:	Sat	1981-24	1:15-1:55 pm	\$76	Otter/Minnow
Semi-Private:	Sat	1983-23	1:15-1:55 pm	\$76	Polliwog/Turtle
Semi-Private:	Sat	1982-23	2:00-2:40 pm	\$76	Angelfish/Sea Lion
Semi-Private:	Sat	1982-24	2:45-3:25 pm	\$76	Angelfish/Sea Lion
Semi-Private:	Sat	1980-25	3:30-4:10 pm	\$76	Octopus
Semi-Private:	Sat	1984-22	3:30-4:10 pm	\$76	Porpoise/Waterdog
Private:	Sat	1967-25	9:30-10:10 am	\$105	
Private:	Sat	1967-26	11:00-11:40 am	\$105	
Private:	Sat	1967-27	1:15-1:55 pm	\$105	
Private:	Sat	1967-28	2:45-3:25 pm	\$105	

**\*Children's Early Lottery Swim Registration:  
January 3, 2008**

Rochester school district residents and employees only  
(Children's Swim Registration Open to Everyone: January 7, 2008)

**MAIL IN/DROP OFF: Earliest Opportunity to register:  
All registrations received by Tuesday, January 2, 2008, will  
be processed on January 3, 2008 by random lottery drawing.**

**Mail or Drop off your registration early!  
Late mail will be processed after the January 3rd lottery.**

Please follow these policies or the registration may not be processed:

- \*Registrations may only be made for your family and must be in a sealed envelope.
- \*Use registration forms on page 43. Use one form per child. Make as many copies as needed.
- \*The registration form must be completely filled out. Please mail or drop off all registrations per family in one envelope.
- \*Payments may be made by check, Mastercard or Visa. All checks must be made payable to Rochester Community Schools. Mastercard/Visa information will be destroyed. **DO NOT put non-swim registrations on the same check for payment - swim registrations must be paid separately.**
- \*Each child will be registered for **ONE SESSION ONLY** from the three choices during the early lottery. Additional registrations begin January 7, 2008.  
  
There are three choices per child. All three choices per child must be for the same class level; if different class levels are selected the registration will not be processed. (example - all Minnow classes)
- \*If a registration can not be completed, checks will be returned. If it can only be completed for some children in a family, and not others, a refund will be sent for the difference if the payment was by check. Forms have a check off box to allow or disallow partial family registrations.
- \* A confirmation of registration will be mailed promptly after January 3rd for lottery registrations only. If you do not receive it after 4 days, please call.

Starting January 7, 2008, additional registrations may be made by mail, phone, walk-in at the Administration Center,  
501 W. University Drive, Rochester, MI, 48307.  
(248) 726-3165.

**\*All adult/teen swim registrations, private or semi-private swim registrations and all enrichment registrations may be completed immediately upon receiving this guide. See registration information on pages 4-5. All refund and general policies on page 4 will be followed.  
Please read them carefully!**



# Enrichment



## CHILDREN'S SWIM REGISTRATION

OPEN SWIM REGISTRATION STARTS JAN. 7, 2008  
ALL CASH PAYMENTS MUST BE FOR EXACT AMOUNT

VISA & MASTER  
CARD ACCEPTED



### ROCHESTER COMMUNITY SCHOOLS CHILDREN'S SWIM REGISTRATION FORM

Child's Name \_\_\_\_\_ Parent \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ Zip \_\_\_\_\_  
 Home Phone \_\_\_\_\_ Alt. Phone \_\_\_\_\_  
 Visa/MasterCard No. \_\_\_\_\_ 3 digit security # \_\_\_\_\_  
 Name on Card \_\_\_\_\_ Exp. Date \_\_\_\_\_  
 Signature \_\_\_\_\_ Check No. \_\_\_\_\_  
 Course Choice -In order of priority Course # Time Date Amount  
 1. \_\_\_\_\_  
 2. \_\_\_\_\_  
 3. \_\_\_\_\_

If registering more than one child, please check appropriate boxes:

- Allow Registration only if all children at same time
- Allow Different times for children if needed
- Register some children even if not all can be registered.

**Make Check Payable to: Rochester Community Schools & Mail to: Rochester Community Schools, Enrichment Department, 501 W. University, Rochester MI 48307**

### ROCHESTER COMMUNITY SCHOOLS CHILDREN'S SWIM REGISTRATION FORM

Child's Name \_\_\_\_\_ Parent \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ Zip \_\_\_\_\_  
 Home Phone \_\_\_\_\_ Alt. Phone \_\_\_\_\_  
 Visa/MasterCard No. \_\_\_\_\_ 3 digit security # \_\_\_\_\_  
 Name on Card \_\_\_\_\_ Exp. Date \_\_\_\_\_  
 Signature \_\_\_\_\_ Check No. \_\_\_\_\_  
 Course Choice -In order of priority Course # Time Date Amount  
 1. \_\_\_\_\_  
 2. \_\_\_\_\_  
 3. \_\_\_\_\_

If registering more than one child, please check appropriate boxes:

- Allow Registration only if all children at same time
- Allow Different times for children if needed
- Register some children even if not all can be registered.

**Make Check Payable to: Rochester Community Schools & Mail to: Rochester Community Schools, Enrichment Department, 501 W. University, Rochester MI 48307**

### ROCHESTER COMMUNITY SCHOOLS CHILDREN'S SWIM REGISTRATION FORM

Child's Name \_\_\_\_\_ Parent \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ Zip \_\_\_\_\_  
 Home Phone \_\_\_\_\_ Alt. Phone \_\_\_\_\_  
 Visa/MasterCard No. \_\_\_\_\_ 3 digit security # \_\_\_\_\_  
 Name on Card \_\_\_\_\_ Exp. Date \_\_\_\_\_  
 Signature \_\_\_\_\_ Check No. \_\_\_\_\_  
 Course Choice -In order of priority Course # Time Date Amount  
 1. \_\_\_\_\_  
 2. \_\_\_\_\_  
 3. \_\_\_\_\_

If registering more than one child, please check appropriate boxes:

- Allow Registration only if all children at same time
- Allow Different times for children if needed
- Register some children even if not all can be registered.

**Make Check Payable to: Rochester Community Schools & Mail to: Rochester Community Schools, Enrichment Department, 501 W. University, Rochester MI 48307**

**Please follow all procedures on page 42.  
Put each child on a separate registration form; mail all swim registrations for the family in one envelope.**

**Make your three choices per child at one class level only-example: Otter**

## CHILDREN'S PROGRAMS 248-726-3022



### K-CLUB

*Childcare/Enrichment for Children in Kindergarten*  
At all elementary schools.

**K-Club registration information available at Kindergarten Registration held at all elementary schools on April 3, 2008. Registration begins April 4, 2008 at the Administration Center. To insure placement, register by June 6th.**

### Parent & Tot Classes

**For Children 2 years old by December 1, 2007 & a Parent**  
Classes held Fridays for 12 weeks, beginning 1/25. Limited to 10 pairs.  
Scheduled for R.A.C.E. and Brewster Elementary.  
9-10:30 am, 11-12:30 pm, 1:15-2:45 pm

\$144 for class of 12 sessions beginning January 25th.  
Parents and tots will participate in play activities, art, stories, music and movement and snack time. Child development information will be provided each week on physical development, language, and learning through developmentally appropriate activities.  
**\$20 nonrefundable yearly registration fee.** Register in person at the Office of Children's Programs, Administration Center, 8 am-5 pm, Monday - Friday, beginning January 7, 2008. For information: 248-726-3022

Select openings available after re-registration of current families.

### SUMMER DAY CAMPS

*"Awesome Adventures"*  
For 1st-8th graders (by fall 2008)

\*Hiking \*Games \*Music \*Camp crafts \*Nature study \*Picnics  
\*Fitness \*Theme of the week \*Super field trips \*Adult staff \*Swimming at Rochester pool

Camp located at Hampton and Meadow Brook Elementary schools.  
For complete summer camp information check our website at [www.rochester.k12.mi.us](http://www.rochester.k12.mi.us) after February 1, 2008 or see the summer Community Education & Enrichment Program Guide

*"Kiddie Camp Preschool Childcare" held at Meadow Brook Elementary*  
*Quality child care in a safe environment by caring, nurturing staff...*

- Ages 3-5 and toilet trained
- Nutritious snacks provided
- Enrichment activities
- Full & part-time enrollment

#### Camp Registration & General Information

Camp Hours: Monday - Friday 7:00 am - 6:00 pm  
Weeks: June 18 - August 15, 2008

#### Registration Dates:

- ✓ For currently enrolled School Age Care families, April 29 - May 6
  - ✓ For other Rochester Community Schools students starts May 7- May 14 or until full
- Register at the Administration Center



# CHILDREN'S PROGRAMS 248-726-3022

## Pre-School Programs

### Pre-K

*Selected as an outstanding preschool program in the state by the Michigan Association of Community and Adult Educators.*

An outstanding staff of experienced, well-qualified teachers will help your child develop positive attitudes toward self, school and others. Classes are limited to 18 children, served by a Bachelor degreed teacher and an adult assistant. Classes begin in September and continue for 30 weeks, ending in May. Class meets for 2½ hours, tentatively scheduled for 9:00-11:30 am & 12:30-3:00 pm. (Pre-K 3 meets for 2¼ hrs.)

### Developmentally-Based Curriculum Includes

- ♥ Group participation
- ♥ Self-directed activities
- ♥ Fine & gross motor activities
- ♥ Creative art
- ♥ Music
- ♥ Early Literacy
- ♥ Dramatic play
- ♥ Early Math
- ♥ Outdoor play

A few openings are available for January enrollment. Children must be toilet trained and have turned 3 or 4 years old by Dec. 1, 2007, to be eligible. Call 248-726-3022 for more information.

### Pre-K Registration for Fall 2008

Pre-Register by calling 248-726-3026 for registration "priority number":

- Pre-K 4 starting February 12, 2008 at 10:00 a.m.
- Pre-K+ starting February 12, 2008 at 10:00 a.m.
- Pre-K 3 starting February 12, 2008 at 1:30 p.m.

Registration Date for those with priority numbers only: March 18, 2008, 4:30-6:30 p.m. at the Administration Center, 501 West University Dr. A non-refundable registration fee of \$55 is payable at the time of registration. For more information, check our website at [www.rochester.k12.mi.us](http://www.rochester.k12.mi.us); look under Preschool. Currently enrolled Pre-K families may register prior to March 18th.

### Pre-K 4

Children must be 4 by Dec. 1, 2008  
Tue & Thur am or pm  
M, W, & F am or pm  
Tentatively scheduled for Brooklands, Baldwin, Brewster and University Hills Elementary Schools

### Pre-K Plus

For young 5's (5 by Jan. 1, 2008)  
4 Days: Mon-Thur, am or pm  
Tentatively scheduled for Hamlin & Brewster Elementary Schools

### Pre-K 4 & Plus Fees:

- 2 Days: \$ 904 (8 payments of \$113)
- 3 Days: \$1360 (8 payments of \$170)
- 4 Days: \$1808 (8 payments of \$226)

### Michigan School Readiness Program

FREE preschool classes for children 4 years old by December 1st at risk of future educational difficulties. Risk factors include low birth weight, immaturity, family problems, language deficiency, single parent, chronic illness, or low income. Call to determine eligibility.

### Pre-K 3

Children must be 3 by Dec. 1, 2008, toilet trained & have prior experience away from parent.

Mon & Wed am or pm  
Tue & Thur am or pm  
Tentatively scheduled for R.A.C.E. and Brewster Elementary School.

### Pre-K 3 Fees:

2 Day: \$840 (8 payments of \$105)

### Full Day Pre-K/Childcare

Children must be 3-5 and toilet trained  
Mon-Fri, 7:00am-6:00pm  
Located at R.A.C.E.

### Full Day Pre-K/Childcare Fees:

\$160 per week, \$35 per day, \$25 per Half Day

### Head Start

FREE preschool for 3 and 4 year old children in qualifying low-income families and for children with disabilities, regardless of income. Call to determine eligibility.

# Rochester Adult Education 248-726-5950



## Rochester Community Schools Adult Education

Provides the following services:

- High School Diploma
- GED
- English as a Second Language  
- ESL
- Basic Reading and Math
- Certificate Programs
- Computer & Vocational Training
- Career Advising
- Career Center
- Job Placement

*HSC & GED Classes are FREE  
for most who do not have a  
diploma !*

A fee is charged for Graduates

**Reach Your Goal!  
Graduation may be closer  
than you think!**

Marking Period #4 begins on  
March 31, 2008. Call for registration  
information.

### Eligibility & Fees:

- All entering students must be 16 years of age or older as of 9/1/07
- Non-residents welcome to apply for registration
- All students must be assessed for placement

*(Reasonable fees beginning at \$200 per class are charged to graduates over age 20 and to public high school seniors taking additional credit classes)*

### Register in person at:

Rochester Adult Education Center - R.A.C.E.  
480 E. Auburn Road  
Rochester Hills, MI 48307  
(1/2 mile east of Rochester Road)



### Register for High School Completion (HSC) & GED:

Students age 16-20 before 9/1/07:

Registration starts 1/7/08; 9:00 am - 7:00 pm Monday - Thursday

Students 20 years & older:

Registration and testing 1/7/08 at 6:00 pm and 1/10/08 at 9:00 am.

Allow approximately 3 hours for testing.

Rochester Adult Education is an official GED Testing Center

All tests will be from 5:00 p.m. - 10:00 p.m.

January 8th & 10th, 2008	April 8th & 10th, 2008
February 12th & 14th, 2008	May 6th & 8th, 2008
March 11th & 13th, 2008	June 10th & 12th, 2008

Complete test is \$190.00. Single test is \$38.00. Pre-registration is required.

Rochester Adult Education offers GED Preparation classes at no charge.  
Students who complete the course receive a 50% reduction in testing fees.

Call 248-726-5950

for an appointment with an advisor to discuss your personal credit needs.

# Rochester Adult Education 248-726-5950



## English as a Second Language ESL Beginning, Intermediate & Advanced Level Classes

480 East Auburn Road, Rochester, MI 48307  
248.726.5950  
www.rochester.k12.mi.us

- Citizenship materials available
- Grammar, reading, writing and spelling skills
- Slang, idioms, expressions & dialogue
- Computer-based English instruction
- Speaking, listening & pronunciation
- Survival English & culture study
- Free daytime child care
- Class descriptions at ESL office

**Free ESL Class Registration:**  
Plan for 2 hours on January 9, 2008 at 9:00 a.m. or 6:00 p.m.  
One Time Assessment Fee per school year: \$25 cash or check only  
Spaces are limited

### Free Winter ESL Classes Reading, Writing, Speaking and Listening January 28, 2008- May 7, 2008 Monday and Wednesday Evenings

**Morning: 9:00 a.m. - 12:30 p.m.**

Beginning English  
Low Intermediate English  
High Intermediate/Low Advanced English

**Evening: 6:00 p.m. - 9:30 p.m.**

Beginning English  
Low Intermediate English  
High Intermediate/Low Advanced English

### Tuition Based Advanced ESL Classes

All Tuition Based Advanced ESL classes meet  
January 28, 2008 - May 28, 2008  
Classes are dependent upon enrollment; register early!

**Monday & Wednesday Evenings or Tuesday and Thursday Daytime**

#### Winter 2007 Schedule - Tuition Based Advanced Classes \$240 per Session

**Tuesday & Thursday Daytime: 9:00 a.m. - 12:00 p.m.**  
Advanced English Language Skills

Session 3: January 29 - April 1  
Session 4: April 3 - May 27

**Monday & Wednesday Evenings: 6:15 p.m. - 9:15 p.m.**  
Advanced English Language Skills

Session 3: January 28 - March 31  
Session 4: April 2 - May 28